



European Society of
Regional Anaesthesia
& Pain Therapy

ESRA ITALIA

ESRA Italian Chapter

XXVIII CONGRESSO NAZIONALE

PRESIDENTE
DEL CONGRESSO
Luciano Calderone





PALERMO 5-7 Ottobre

XXVIII CONGRESSO
NAZIONALE



European Society of
Regional Anaesthesia
& Pain Therapy
ESRA ITALIA

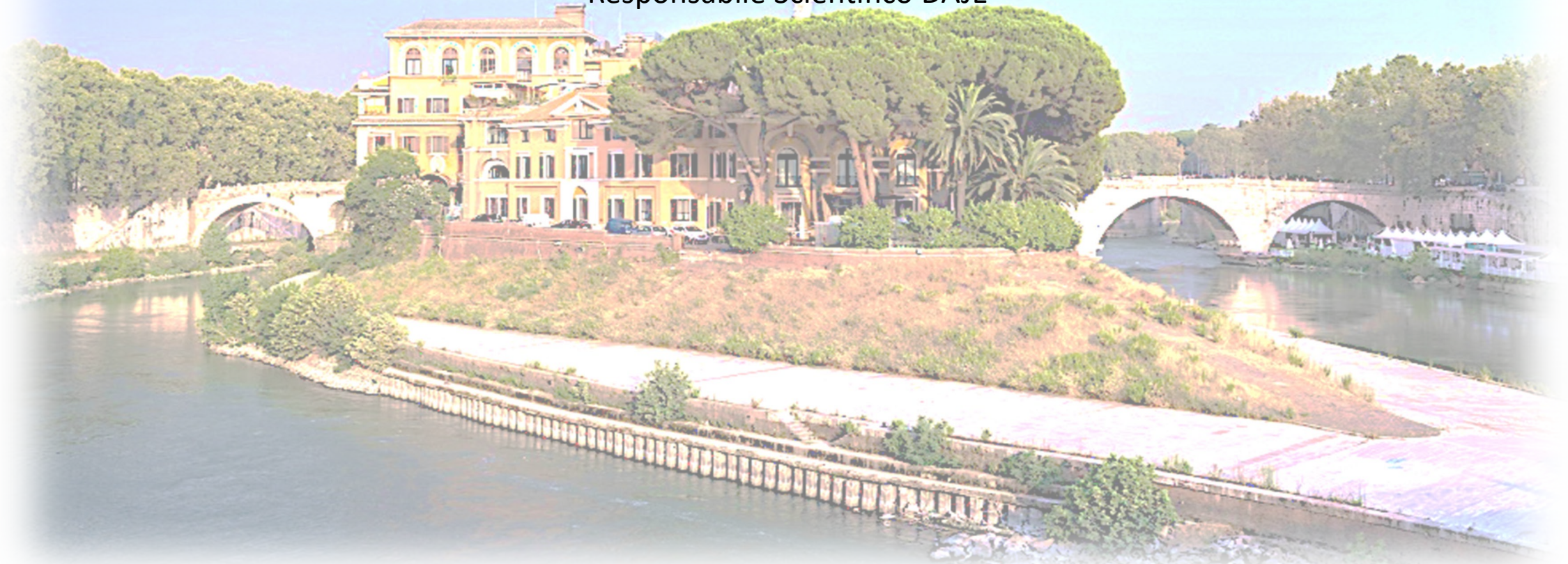
Shock emorragico

Dott.ssa Maria Grazia Frigo

Responsabile UOSID Anestesia e TI Ostetrica FbF-Gemelli Isola, Roma

Responsabile SIAARTI Sezione Cure Materno Infantili

Responsabile Scientifico DAJE





Review Article

The prevention and treatment of postpartum haemorrhage: what do we know, and where do we go to next?

*Postpartum Haemorrhage (PPH) remains the most common cause
of maternal mortality worldwide.*

*It is responsible for around 30% of maternal deaths,
equivalent to 86000 deaths per year annually or ten deaths every hour*

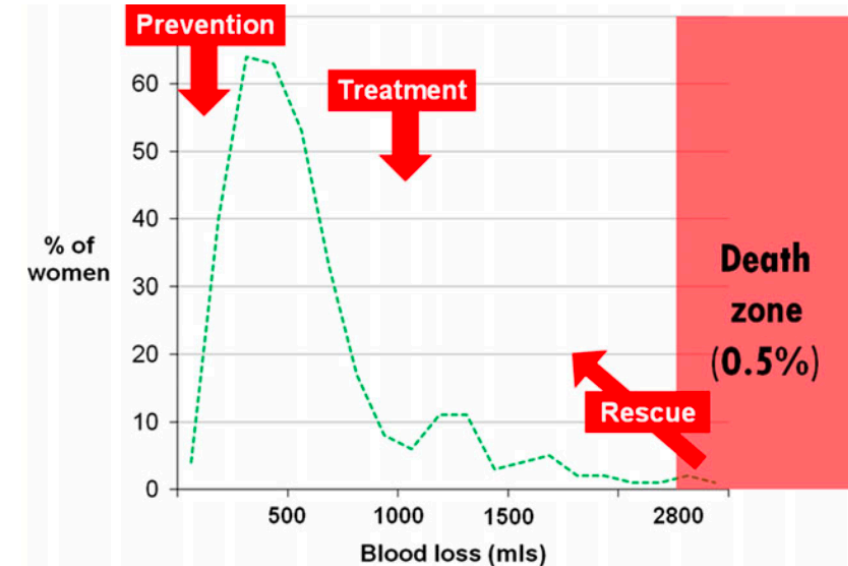
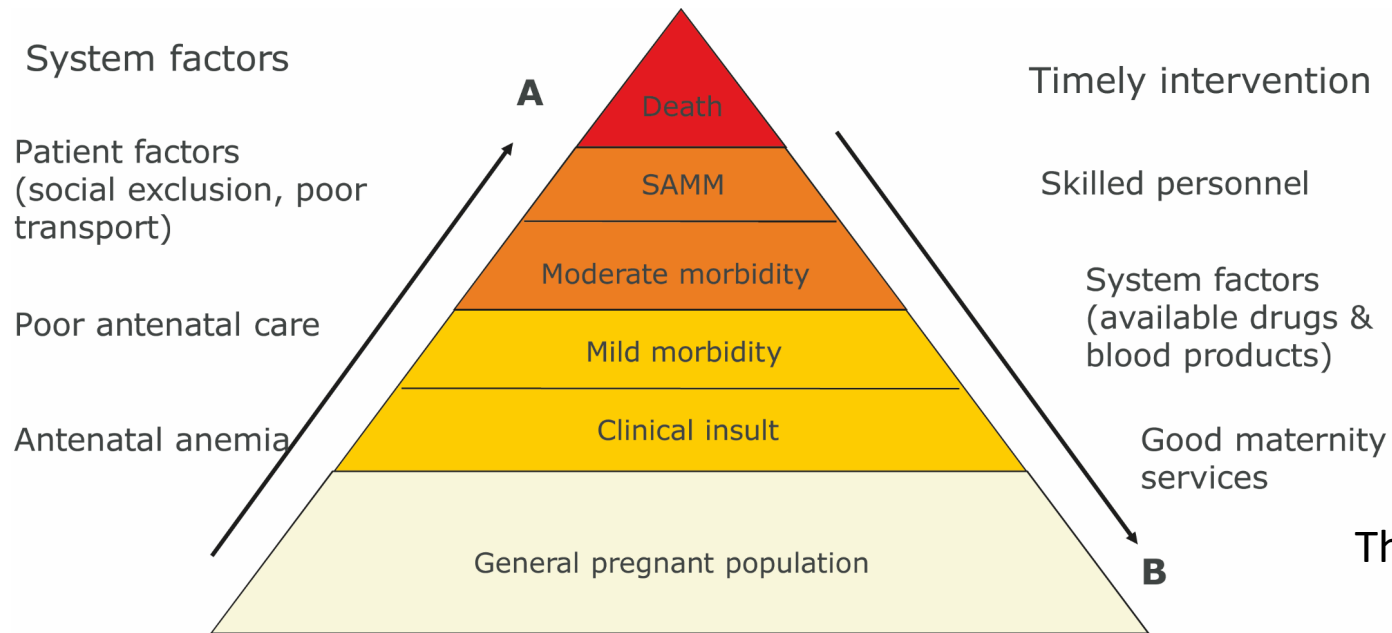


Figure 1. Histogram of blood loss at delivery showing the death zone at a loss of over 40% blood volume, and the three strategies for intervention. The data were adapted from Hoj,⁵⁸ with corrections to the published data. The Diagram is from Weeks.⁵⁹



SEVERE ACUTE MATERNAL MORBIDITY (SAMM)



The WHO defines *near miss* as the case of a woman allegedly died but survived complications arising during pregnancy, childbirth or within 42 days of termination of pregnancy

SEVERE ACUTE MATERNAL MORBIDITY (SAMM)

- PPH > 1500 ml
- Decreased in peripartum hemoglobin concentration ≥ 4 g/dl
- Acute transfusion ≥ 4 units of blood
- DIC or shock
- Need for additional non-obstetric procedures (interventional radiology/hysterectomy/laparotomy)
- Blood loss leading to the compromise of vital organs
- Admission to intensive care





SHOCK EMORRAGICO

Tissue hypoperfusion resulting from an acute and prolonged decrease in circulating blood volume

DETERMINANTS OF GRAVITY

- The rate at which the bleeding develops
- The consistency of the volume of blood lost
- The efficiency of compensatory mechanisms
- The possibility of controlling the haemostasis



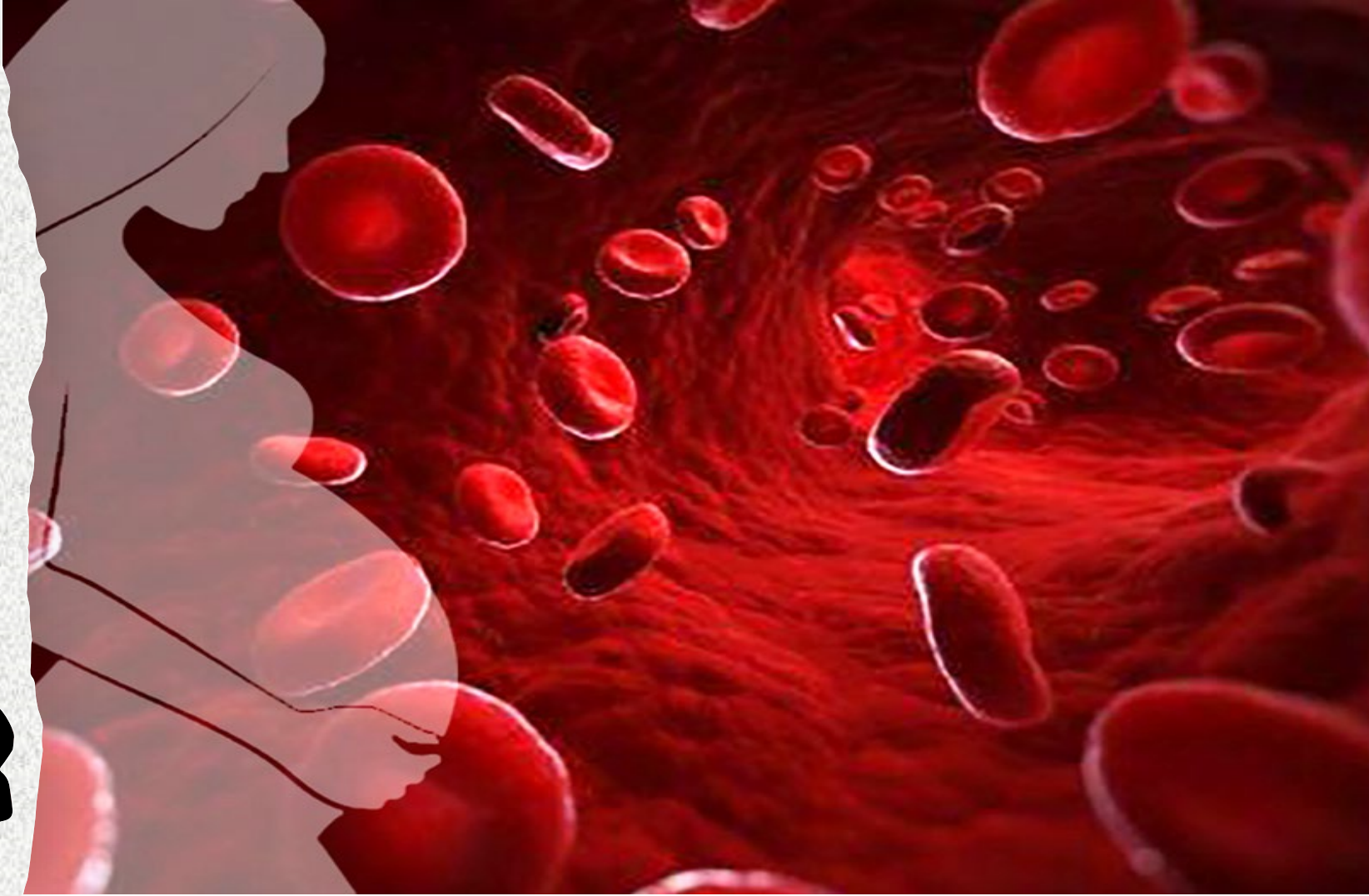
PALERMO 5-7 Ottobre
XXVIII CONGRESSO
NAZIONALE



European Society of
Regional Anaesthesia
& Pain Therapy
ESRA ITALIA

**Do
too little
too late**

Cantwel, 2011

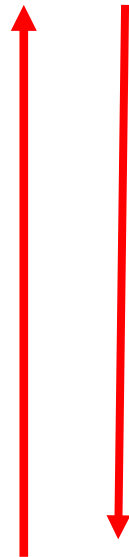




«Golden hour»



**CONTINUOUS
REVALUATION**



1

Recognize etiological causes

2

Maintain uterine contractility with physical/pharmacological means

3

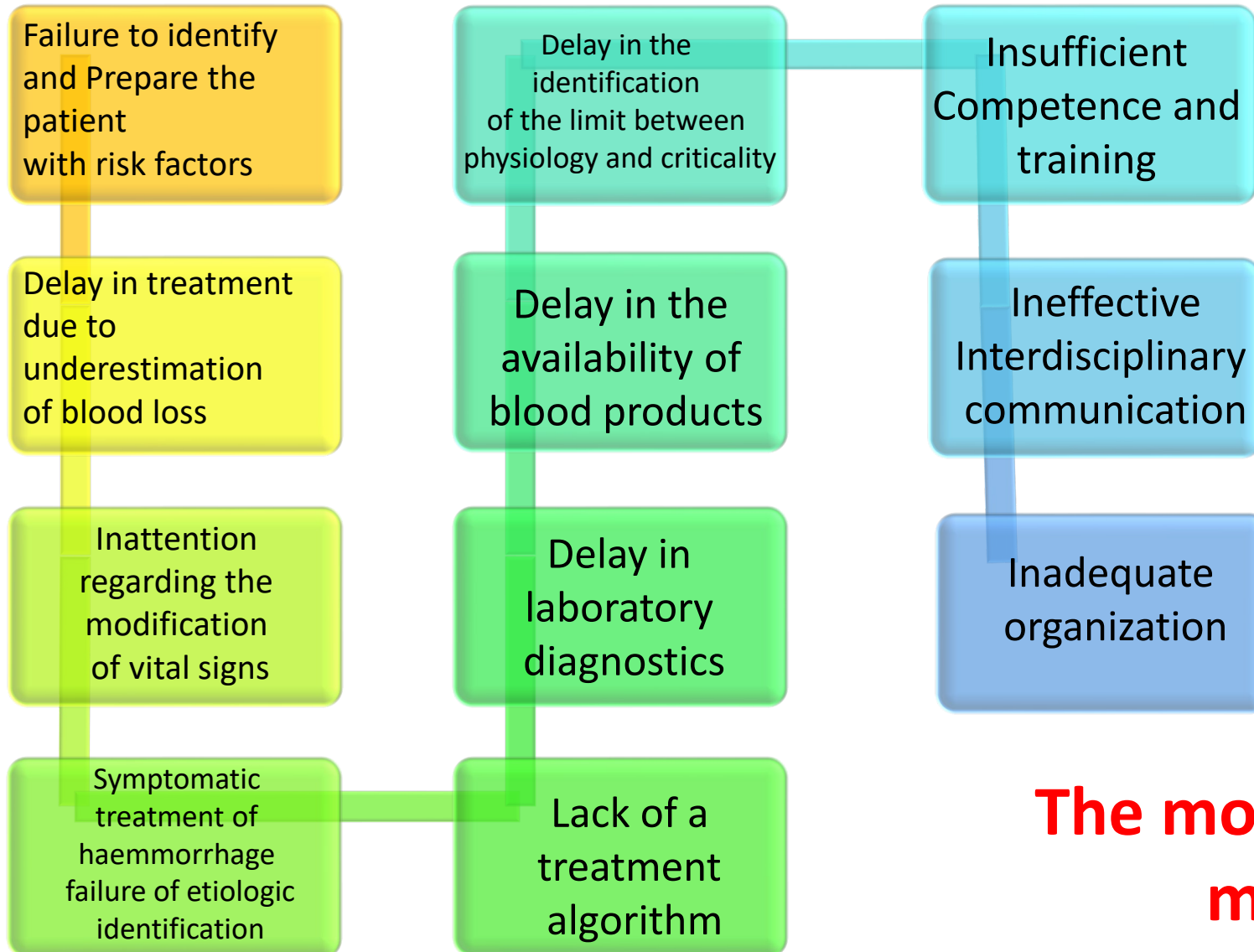
Obtain and maintain blood volume
(Oxygen transport capacity)

4

Prevent/treat coagulopathy and transfer to the operating room

HOW LONG DO WE HAVE?

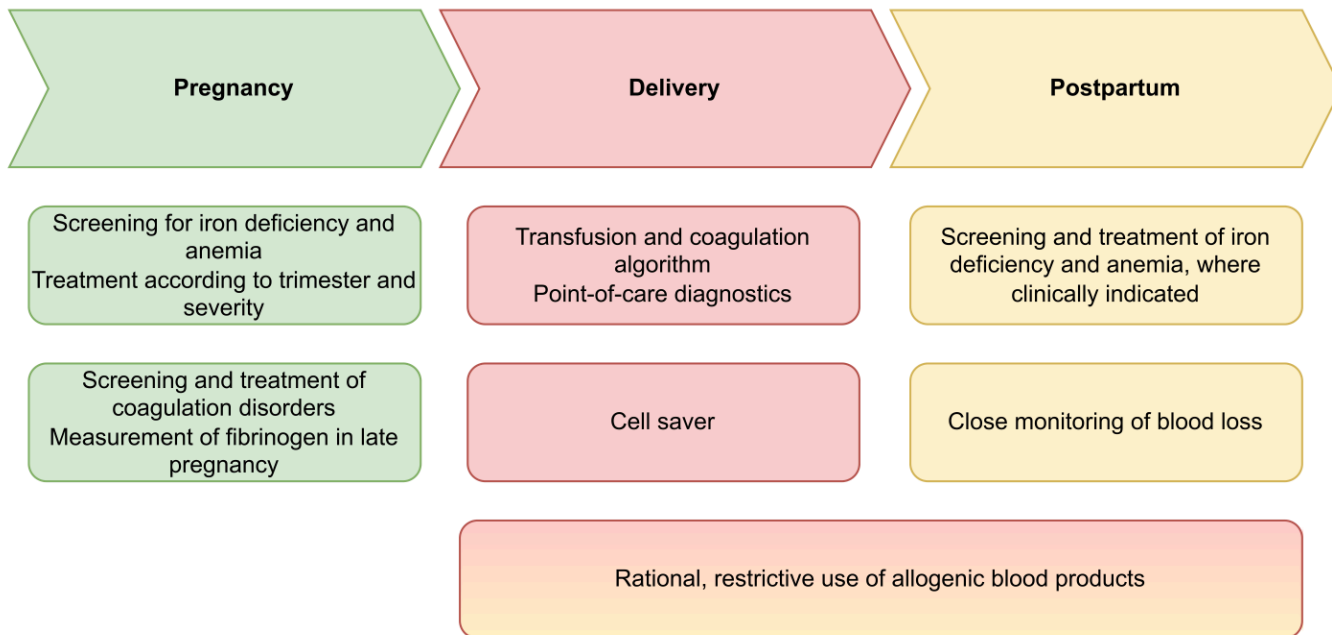
It is estimated that in the absence of treatment the exitus occurs within:
2 hours in postpartum hemorrhage



The most common errors in the management of PPH



PBM





Low Risk	Medium Risk	High Risk
No <u>previous uterine incision</u>	Prior <u>cesarean birth(s)</u> or <u>uterine surgery</u>	Placenta previa
Singleton <u>pregnancy</u>	Multiple <u>gestation</u>	Suspected placenta accreta or percreta
≤4 <u>previous vaginal births</u>	>4 <u>previous vaginal births</u>	Ht <30 and other risk factors
No know bleeding disorder	<u>Chorioamnionitis</u>	Plt <100.000
No history of PPH	<u>History of PPH</u>	Active bleeding (greater than show) on admit
	<u>Large uterine fibroids</u>	Know coagulopathy
	<u>Estimated fetal >4Kg</u>	Hb <10gr/dl
	<u>Morbid obesity (BMI > 35)</u>	

Ossigeno

RISK IDENTIFICATION

The PPH can occur in any pregnancy and most women with PPH (61%) have no risk factors other than maternal age and c-section



...but also

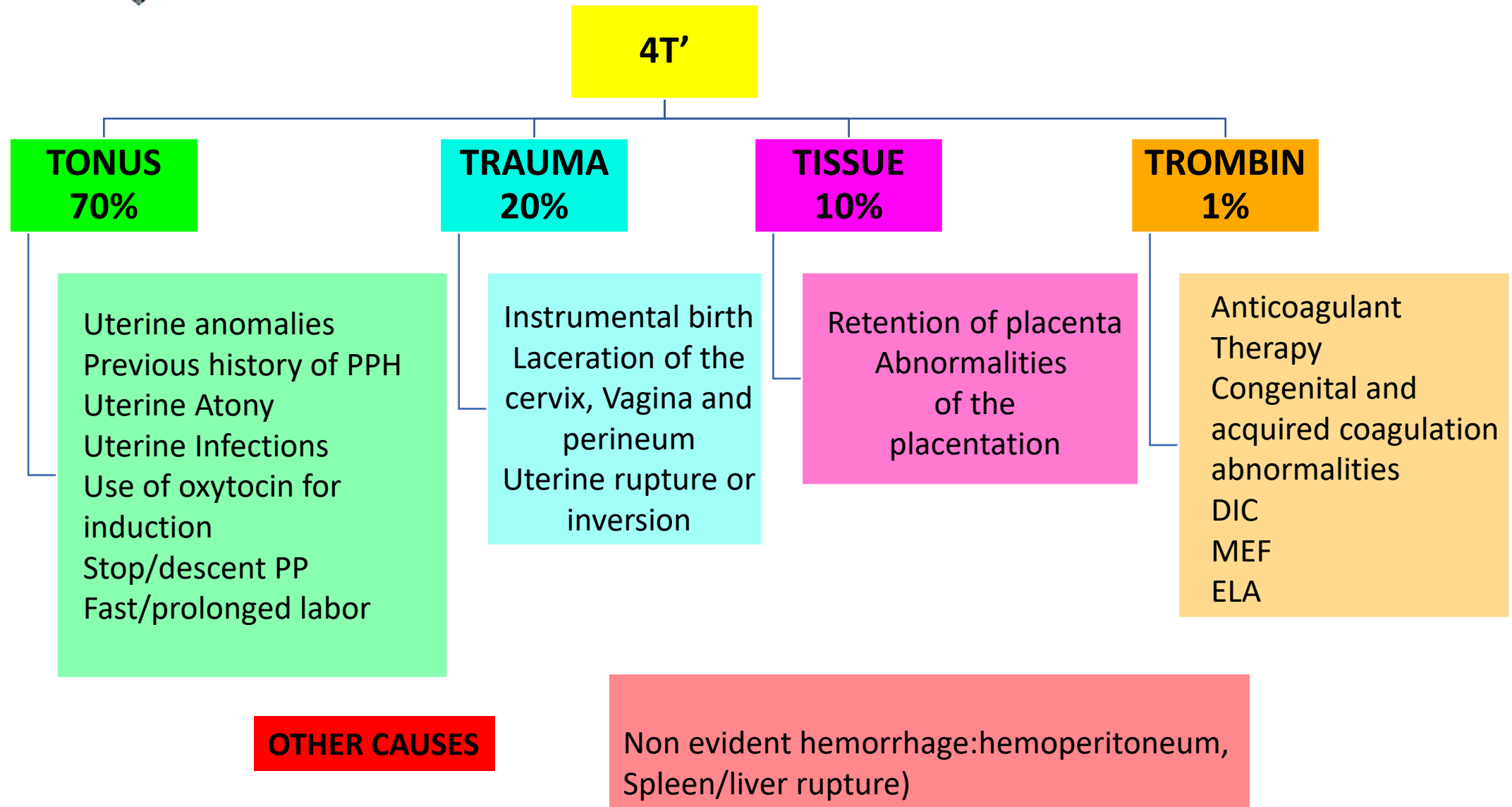
Presence of additional risk factors during labor:

- Prolonged second stage (>4 hours)
- Prolonged labor (with or without oxytocin)
- Use of oxytocin
- Labor /birth hasty
- Therapy with MgSO₄

....if one of these conditions is present:

The risk level moves to the next one:

low....medium....high



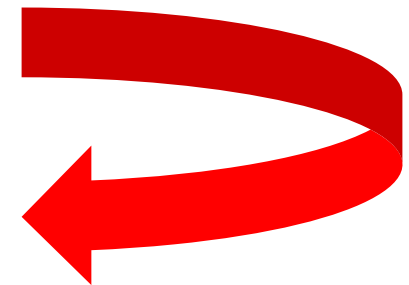


PLETHORA GRAVIDARUM: protective hypervolemia

- The cardiac output increases from 30% to 50% starting with the 6^o week
- The total blood volume increases in proportion to the cardiac output, but the increase in plasma volume is greater with respect to the mass of red blood cells

- The plasma volume increases by 48% equal to 1250 ml
- The eritrocitaria mass increases by 18% equal to 250 ml
- The hematocrit is reduced from 40% to 33%
- Hemoglobin is reduced by dilution (from 13.3 to approximately 12.1 g/dl)

Reduction of blood viscosity which improves placental perfusion by promoting maternal fetal exchanges of gas and nutrients





PALERMO 5-7 Ottobre

XXVIII

CONGRESSO
NAZIONALE



European Society of
Regional Anaesthesia
& Pain Therapy
ESRA ITALIA

Remember!

The pregnant woman is physiologically different

“Seeing is not believing - it is only seeing.”

George MacDonald,
The Princess and the Goblin

- Not all bleeding is visible
- The visual estimate underestimates by about 30-50%
- Quantifying blood loss (QBL) is significantly more accurate than EBL (Estimated Blood Loss)
- QBL reduces the risk of underestimation and delay in treatment
- Simulation can improve EBL's visual ability but that ability deteriorates within 9 months

QUANTIFYING IS BETTER THAN ESTIMATING



HOW TO MEASURE THE QBL

Measuring the loss of fluids and blood using graduated bags and/or weigh
The gauze soaked in blood and clots

Measure the loss before and after the birth



1 gram = 1 milliliter of blood



	CLASS 1 Compensated	CLASS 2 Mild	CLASS 3 Moderate	CLASS 4 Severe
BLOOD LOSS (%)	(10-15%)	(15-25%)	(25-35%)	(35-45%)
SYSTOLIC PRESSURE	Normal	Slight reduction (80-100 mmHg)	Strong reduction (70-80 mmHg)	Notable reduction (50-70mmHg)
HEART RATE	> 100 bpm	< 100 bpm	> 120 bpm	> 140 bpm
RESPIRATORY RATE	14-20	20 - 30	30 - 40	> 45
SIGNS AND SYMPTOMS	Palpitations, tremor, tachycardia	Weakness, sweating, tachycardia	Shaking, pallor, oliguria	Collapse, hunger for air, anuria
SHOCK INDEX	> 0.6	≥ 0.6 to < 1.0	≥ 1.0 to < 1.4	≥ 1.

➤ Observation and Integration

➤ Integration and uterotonics

➤ Urgent active Management

➤ Critical active Management (mortality of 50% if not treated promptly)



PALERMO 5-7 Ottobre

XXVIII

CONGRESSO
NAZIONALE



European Society of
Regional Anaesthesia
& Pain Therapy

ESRA ITALIA



In healthy pregnant and postpartum women, cardiologic physiologic compensatory mechanisms prevent changes in vital signs until a large volume of blood has been lost (usually $>1000\text{ml}$). Hence, changes in clinical and vital signs that result from hemorrhage appear late in the process and may not lead early identification of PPH



FIGO recommendations on the management of postpartum hemorrhage 2022

transform routine clinical parameters into a more accurate indicator of hypovolemia, such as the **shock index (SI)**. SI is defined as the ratio of heart rate to systolic blood pressure.^{3,4} The SI may improve the predictive capability of individual clinical signs, which aids early identification of women at risk of hypovolemia as the result of obstetric causes.⁵ Moreover, the SI has been proposed as a reliable indicator of adverse maternal outcomes,⁶ and its values have been set to indicate clinical management.⁷ However, the association between shock parameters and advanced treatment

ity and an $SI > 1$ increases the likelihood of blood transfusion.^{11,12} To date, standard obstetric SI has been defined as 0.7–0.9 compared with 0.5–0.7 for the nonpregnant population, taking into account that the hemodynamic changes of pregnancy may delay the recogni-

has been introduced as a simple and clinically effective vital sign.

The SI has been shown to have an inverse linear relationship with left ventricular stroke work in acute circulatory failure. Therefore, a concurrent reduction of left ventricular stroke work (induced by hemorrhage, trauma, or sepsis) was associated with an elevation of the SI and a deterioration in left ventricular mechanical performance. Poor left ventricular function or persistent abnormal

The SI, together with the **rule of 30**, are important tools that may aid clinicians in an emergency to determine the amount of blood loss and the degree of hemodynamic instability. Before the fall in systolic

International Journal of
**GYNECOLOGY
OBSTETRICS**





A Systematic Review of the Relationship between Blood Loss and Clinical Signs

Rodolfo Carvalho Pacagnella^{1*}, João Paulo Souza², Jill Durocher³, Pablo Perel⁴, Jennifer Blum³, Beverly Winikoff³, Ahmet Metin Gülmezoglu²

- **Introduction:** This systematic review examines the relationship between blood loss and clinical signs and explores its use to trigger clinical interventions in the management of obstetric haemorrhage.
- **Conclusion:** This systematic review found a substantial variability in the relationship between blood loss and clinical signs, making it very difficult to establish specific cut-off points for clinical signs that could be **used as triggers of clinical interventions. However, the shock index was found to be an accurate indicator of compensatory changes** in the cardiovascular system due to blood loss.

Shock Index

HR/sBP

0,5 – 0,7

0,7 – 0,9

Shock Index Obstetric

if > 1 indicator of clinical
severity and need for
transfusion



THE RULE OF 30

If.....

PAS fall of 30 mmHg

Increased heart rate by 30/min

Increased Respiratory rate by 30/minuto

Diuresis Output <30ml/hour

Hb (Hct) decreased by 30%

....it is probable that the woman has lost 30% of the volume of the circulating blood,
resulting in a panel of

MODERATE to SEVERE SHOCK



SCHEDA MEOWS

Modified Early Obstetrics Warning System

	Ora																			
Atri respiratori/min.	≥ 25																			
	20-24																			
	11-19																			
	≤ 10																			
SpO2	96-100%																			
	≤ 95%																			
Temperatura °C	≥ 38																			
	37,5-37,9																			
	36-37,4																			
	35,1-35,9																			
Frequenza cardiaca bpm	≥ 120																			
	100-119																			
	60-99																			
	50-59																			
	< 50																			
Pressione sistolica mmHg	≥ 160																			
	140-159																			
	100-139																			
	91-99																			
Pressione diastolica mmHg	≤ 90																			
	≥ 100																			
	90-99																			
	50-89																			
	41-49																			
Diuresi	≤ 40																			
	> 30 cc/h																			
Livello di coscienza	≤ 30 cc/h																			
	Vigile																			
Dolore	Voce																			
	Dolore																			
	Non responsiva																			
	0																			
Dolore	1																			
	2																			
Totale parametri rossi																				
Totale parametri gialli																				

	Red trigger	Yellow trigger
Temperature; °C	< 35 or > 38	35-36
Systolic BP; mmHg	< 90 or > 160	150-160 or 90-100
Diastolic BP; mmHg	> 100	90-100
Heart rate; beats.min ⁻¹	< 40 or > 120	100-120 or 40-50
Respiratory rate; breaths.min ⁻¹	< 10 or > 30	21-30
Oxygen saturation; %	< 95	-
Pain score	-	2-3
Neurological response	Unresponsive, pain	Voice

1	■	Repeat parameter check between 30- and 60 minutes.
2	■	Or Call a doctor for evaluation. Repeat parameters every 30 minutes.
1	■	
>2	■	Or Call doctor for immediate evaluation. Repeat parameters every 15 minutes.
>1	■	



- ✓ Transmission of information that requires immediate attention and decisions
- ✓ Improves communication between professionals
- ✓ Standardization of information



RACCOMANDAZIONI

In presenza di EPP si raccomanda come trattamento farmacologico di prima linea:

- ossitocina 5 UI in bolo endovenoso lento (non meno di 1-2 minuti; non meno di 5 minuti in donne con rischio cardiovascolare)
oppure
- ergometrina (2 fiale 0,2 mg per via intramuscolare)
oppure
- combinazione di ossitocina 5 UI per via endovenosa (non meno di 1-2 minuti; non meno di 5 minuti in donne con rischio cardiovascolare) ed ergometrina (2 fiale 0,2 mg intramuscolare) da associare a una terapia di mantenimento con ossitocina per infusione (10 UI in soluzione isotonica per 2 ore).

raccomandazione forte, prove di qualità molto bassa

In presenza di EPP, si raccomanda di associare al trattamento farmacologico il massaggio del fondo dell'utero fino alla sua contrazione o alla riduzione del sanguinamento avvertendo la donna che la manovra può essere dolorosa.

raccomandazione forte, prove di qualità bassa

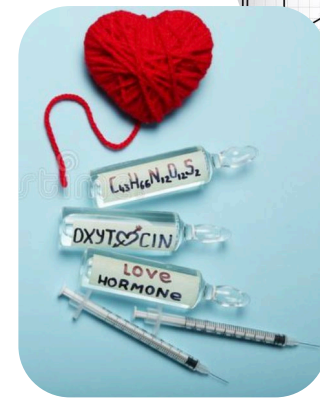
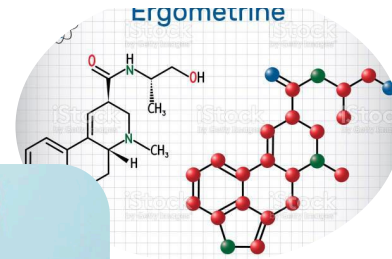
Si raccomanda di valutare come trattamento farmacologico di seconda linea, in presenza di EPP non responsiva al trattamento di prima linea:

- ergometrina (2 fiale 0,2 mg intramuscolare)
e/o
- sulprostone (1 fiala 0,50 mg per via endovenosa in 250 cc; da 0,1 a 0,4 mg/h fino a un max di 1,5 mg nelle 24 ore).

raccomandazione debole, prove di qualità molto bassa

In assenza di prove che permettano di raccomandare un intervento farmacologico di seconda linea come più efficace rispetto agli altri si raccomanda di scegliere il trattamento in base alle condizioni cliniche della paziente, all'expertise del professionista, alla disponibilità dei farmaci e alle loro controindicazioni.

raccomandazione di buona pratica clinica basata sull'esperienza del panel



Uterotonic Therapy



Emorragia post partum:
come prevenirla,
come curarla



Blood Gas Analysis: pH, Hb, Lac, BE

Complete blood count, coagulation profile

ROTEM/TEG

Transfusion center: request 4 U leucodepleted red blood cells

**DO NOT WAIT FOR THE LABORATORY RESULTS
TO START THE TREATMENT**

.....check the following parameters every 30-60 minutes

FATAL TRIAD: ACIDOSIS HYPOTHERMIA COAGULOPATHY



Causes of Obstetric DIC :

Systemic activation of coagulation, with formation of intravascular thrombin deposits and fibrin which cause thrombosis of small and medium caliber vessels e resulting in organ dysfunction and bleeding

Placental abruption

Severe Preeclampsia pr HELLP syndrome

Acute fatty liver in pregnancy

Embolism of amniotic fluid

Intrauterine fetal death

Sepsis

Dilution coagulopathy secondary to massive transfusion



**CONSUMPTION
COAGULOPATHY**

DIFFERENTIAL DIAGNOSIS

DIC

↓

CONSEQUENT TO THE LOST OF COAGULATION FACTORS
DUE TO A MASSIVE BLOOD LOSS,
WITHOUT THE ACTIVATION OF COAGULATION CASCADE

↓

It doesn't determine uterine atony

↓

THE CONSUMPTION OF COAGULATION FACTORS
IS DETERMINED BY A PRIMARY INTRAVASCULAR
ACTIVATION OF COAGULATION CASCADE.
TRIGGERED BY A PRIMARY PATHOLOGY
(PREECLAMPSIA, SEPSIS, PLACENTAL ABRUPTION,
AMNIOTIC EMBOLISM, PROLONGED RETENTION OF DEAD FETUS)

↓

Circulants fibrin degradation products (fdp)
can cause uterine atony



Objectives:

- Hb >8gr/dL
- PLT >50x10⁹ /L
- PT ratio <1.5 in respect to normal
- aPTT <1.5 in respect to normal
- Concentration of Fibrinogen >2gr/L



Maintain :

Ht > 21 - 24%

T >34 °C

pH > 7,20.

Ca⁺⁺>1

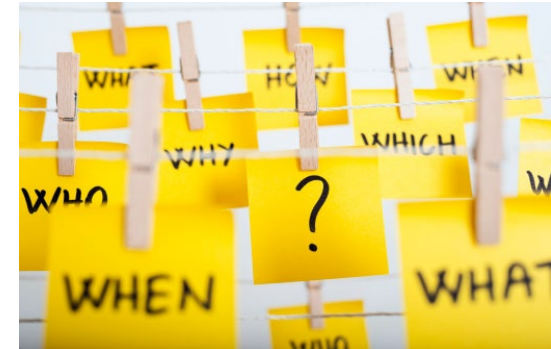


STRATEGIES FOR REANIMATION

Restore circulating volume with crystalloid solutions while waiting for blood components....

...to sustain volemia and warrant adequate tissue perfusion

- **Boluses of 500ml**
- **Balanced crystalloid solutions to reduce risk of Hyperchloremic acidosis**
- **After the administration of each bolus, physicians must assess the clinical status of patients**





PALERMO 5-7 Ottobre

XXVIII

CONGRESSO
NAZIONALE



European Society of
Regional Anaesthesia
& Pain Therapy
ESRA ITALIA

STRATEGIES FOR REANIMATION

TARGET

MAP 50-60 mmHg

PAS 80-90 mmHg

**Until major bleeding has
been controlled**

(RECOMMENDATION 1C)



The concept of hypotensive resuscitation is because administering small crystalloid volumes reduces the risk of dilutional coagulopathy



FIGO recommendations on the management of postpartum hemorrhage 2022

11.2.4 | Aggressive approach and adverse outcomes

During hemorrhagic shock the endothelial glycocalyx becomes thinner and administration of large amounts of crystalloids exacerbates this state, leading to fluid extravasation that may cause cerebral, cardiac, and pulmonary edema.^{7,10,11} Third spacing may also lead to cardiac dysfunction, worsen hemodynamics, and decrease kidney perfusion. Decreased kidney perfusion occurs because of an increase in intra-abdominal pressure, which can additionally result in abdominal compartment syndrome.^{7,11}

Aggressive Approach



11.2.2 | Intravenous fluids

Among the initial strategies for reanimation, the administration of crystalloids in small boluses of 500 ml is recommended.¹⁰ Scientific evidence recommends the use of balanced crystalloid solutions such as Ringer's lactate owing to the risk of hyperchloremic acidosis and the worsening of kidney function with chlorine-rich fluids (saline solution).⁷ This is particularly important for LMICs, where saline-based solutions are in abundance. After the administration of each bolus, physicians must assess the clinical status of patients, looking for an improvement in signs and symptoms of shock resulting from blood loss.¹⁰



HYPOTENSIVE RESUSCITATION

11.2.1 | Hypotensive resuscitation

The concept of hypotensive resuscitation is because administering small crystalloid volumes reduces the risk of dilutional coagulopathy

11.2.3 | Targeted blood pressure

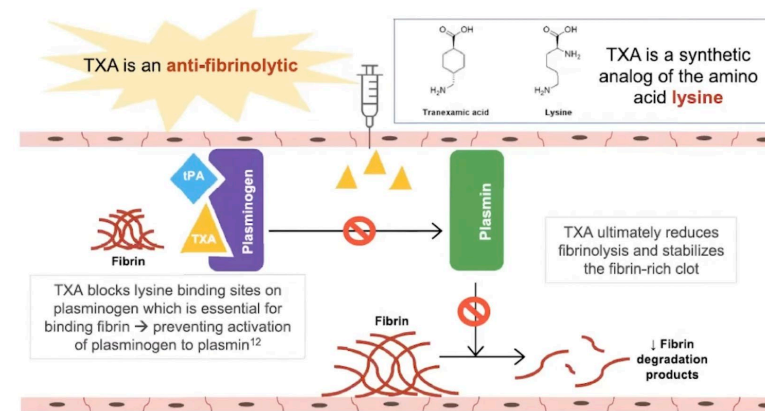
The difference between aggressive and hypotensive resuscitation lies within targeted blood pressure management.⁴ Mean arterial pressure (MAP) represents the perfusion of the majority of organs, therefore providing the target for clinicians to guide fluid administration.¹¹ Hemorrhagic shock animal models have demonstrated a positive benefit in survival with MAP between 55–60 mm Hg during active bleeding.¹⁰ The European guideline on management of major bleeding and coagulopathy following trauma recommends permissive hypotension with a systolic blood pressure target of 80–90 mm Hg (MAP 50–60 mm Hg) until major bleeding has been controlled (Recommendation Grade 1C).¹²





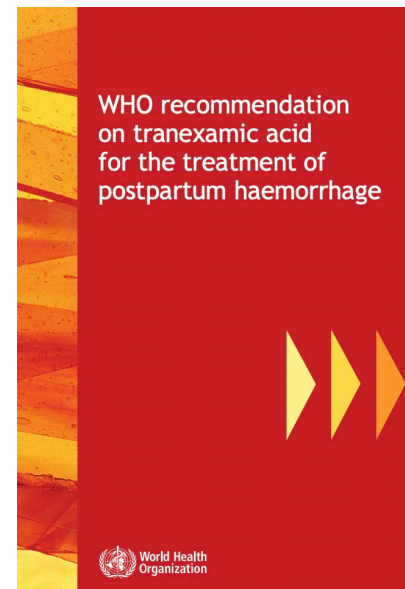
TRANEXAMIC ACID

Tranexamic acid evidence and controversies: An illustrated review



Relke N et al. Res Pract Thromb Haemost. 2021;5:e12546.

WHO and ISS recommendation suggest early **antifibrinolytic** administration, within 3 hours of delivery of **1gr in 10minutes** in women with PPH after vaginal or c section birth, in addition to standard treatment with uterotonics, repeatable after 30 minutes or within 24 hours of the first dose, in case of recurrence of hemorrhage





The decision to initiate red cell transfusion is CLINICAL

Red cell transfusion: homogrup/ Zero Rh neg

1U increases Hb of 1gr/dL and Hct of 2-3%

Trigger transfusion **platelet** is 75×10^9 .

Woman RhD neg receives Platelet RhD pos
prophylaxis anti-D is necessary

Fresh frozen plasma, when bleeding persists even after
administration of red cells. Dosage: 15-20ml/kg.

Risk TACO/TRALI



TEG / ROTEM



...each morphology
has its own meaning



Normal
R;K;MA;Angle = Normal



Anticoagulants/hemophilia
Factor Deficiency
R;K = Prolonged;
MA;Angle = Decreased



Platelet Blockers
*Thrombocytopenia/
Thrombocytopathy*
R ~ Normal; K = Prolonged;
MA = Decreased



Fibrinolysis (UK, SK, or t-PA)
Presence of t-PA
R ~ Normal;
MA = Continuous decrease
LY30 > 7.5%; WBCL130 < 97.5%;
Ly60 > 15.0%; WBCL160 < 85%



Hypercoagulation
R;K = Decreased;
MA;Angle = Increased



D.I.C
Stage 1
Hypercoagulable state with
secondary fibrinolysis

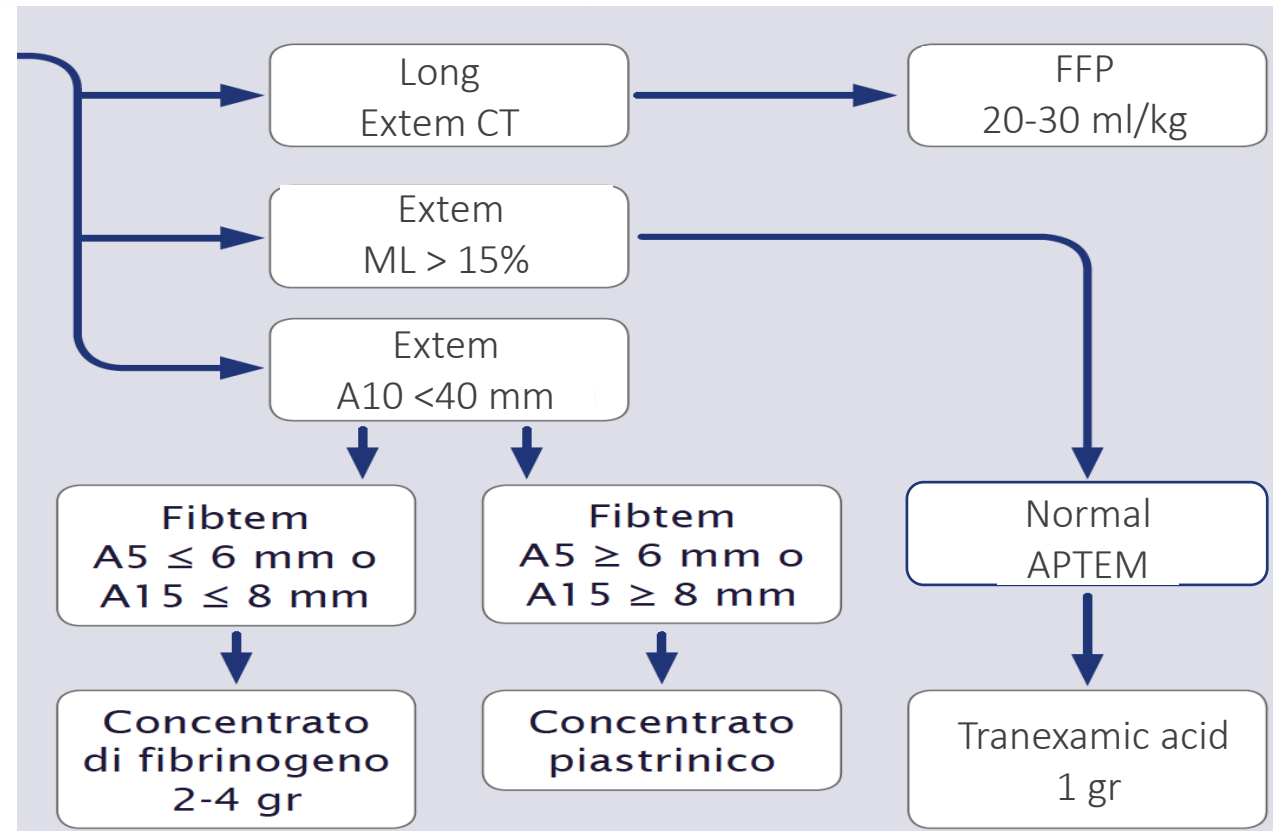


Stage 2
Hypocoagulable state



The daily-practiced post-partum hemorrhage management: an Italian multidisciplinary attended protocol

G. Affronti¹, V. Agostini², A. Brizzi³, L. Bucci⁴, E. De Blasio⁵, M.G. Frigo⁶, C. Giorgini⁷, M. Messina⁸,
A. Ragusa⁹, F. Sirimarco¹⁰, A. Svelato⁹
Clin Ter 2017; 168 (5):e307-316





Received: 17 September 2020 | Revised: 14 December 2020 | Accepted: 17 December 2020
DOI: 10.1111/tme.12755

TRANSFUSION PRACTICE



Practical approach to transfusion management of post-partum haemorrhage

Maria Grazia Frigo¹ | Vanessa Agostini² | Agostino Brizzi³ | Antonio Ragusa⁴ |
Alessandro Svelato⁴

¹Department of Anesthesia and Resuscitation in Obstetrics, San Giovanni Calibita Fatebenefratelli Hospital, Rome, Italy
²Transfusion Medicine Department, IRCCS Ospedale Policlinico San Martino, Genoa, Italy
³General and Locoregional Anesthesia Department, Santa Maria Clinic, Bari, Italy
⁴Obstetric and Gynaecology Department, San Giovanni Calibita Fatebenefratelli Hospital, Rome, Italy

Correspondence
Alessandro Svelato, Department of Obstetrics and Gynecology, San Giovanni Calibita Fatebenefratelli Hospital, Isola Tiberina, Via di Ponte Quattro Capi, 39 - 00186 Rome, Italy.
Email: alessandrosvelato@virgilio.it

Abstract

Objectives: To describe transfusion management during post-partum haemorrhage (PPH) and the usefulness of standard or point-of-care (POC) laboratory tests for guiding haemostatic management.

Background: PPH is the leading cause of maternal mortality and severe maternal morbidity worldwide. Despite the efforts made in recent years, PPH is often burdened by preventable death. Recent data from the active Italian Obstetric Surveillance System (ItOSS) highlighted the following main critical issues: inadequate communication between healthcare professionals, inability to correctly and promptly assess the severity of haemorrhage, delays in diagnosis and treatment, failure to request blood promptly and inappropriate monitoring post-partum.

Materials and Methods: Data in the literature have been compared with the rotational thromboelastometry (ROTEM)- and the thromboelastography (TEG)-guided algorithms applied in the authors' departments.

Results: PPH transfusion therapy may have an empirical approach based on the standard use of blood products or a targeted approach based on coagulation monitoring by laboratory or POC tests. Here, the authors describe how they manage PPH in their departments, according to the Italian guidelines, along with the addition of a ROTEM- and a TEG-guided algorithms developed by themselves.

Conclusion: Although the proposed algorithms have not been validated by trials or observational studies conducted in our departments, we believe that these indications could be useful for supporting clinical practice. Furthermore, we deem it appropriate to emphasise the importance of a multidisciplinary approach and the need for standardised and shared protocols to support the decisions of healthcare professionals.

KEYWORDS

blind transfusion therapy, coagulation, postpartum haemorrhage, pregnancy, rotational thromboelastometry-guided algorithm, thromboelastography-guided algorithm

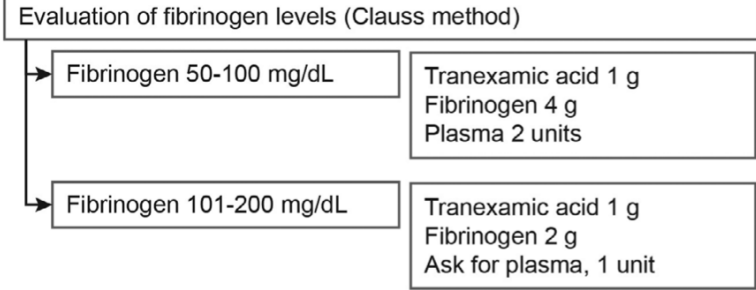




Early administration of tranexamic acid (1 g intravenously), in addition to the standard treatment with uterotonics.
 If bleeding persists beyond 30 minutes, or if it resumes within 24 hours of the first administration, a second dose of tranexamic acid is recommended

While waiting for the laboratory results
 4 bags of packed red blood cells: 4 units of plasma from a single donor or industrial type
 or 4 bags of packed red blood cells: 2 units of apheresis plasma platelet concentrate, 1 unit of apheresis or buffy coat per 8 bags of packed red blood cells

If aPTT or INR is > 1.5
 Transfuse packed red blood cells and plasma (initial dose 20 mL/kg, up to 30 mL/kg for persistent or worsening coagulopathy).



If the platelet count is less than 75,000 per mm³
 Transfuse 1 platelet concentrate

If fibrinogen concentrate is not available
 Transfuse cryoprecipitate (1 unit per 10 kg)

FIGURE 1 Blind transfusion therapy.⁹ aPTT, activated partial thromboplastin time; INR, international normalised ratio

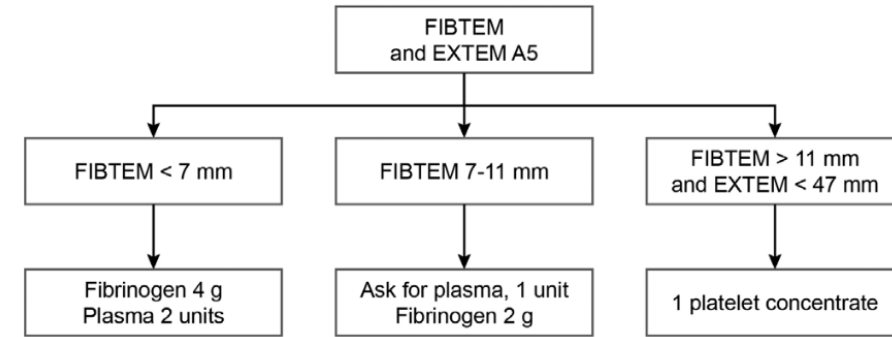


FIGURE 2 ROTEM-guided transfusion therapy

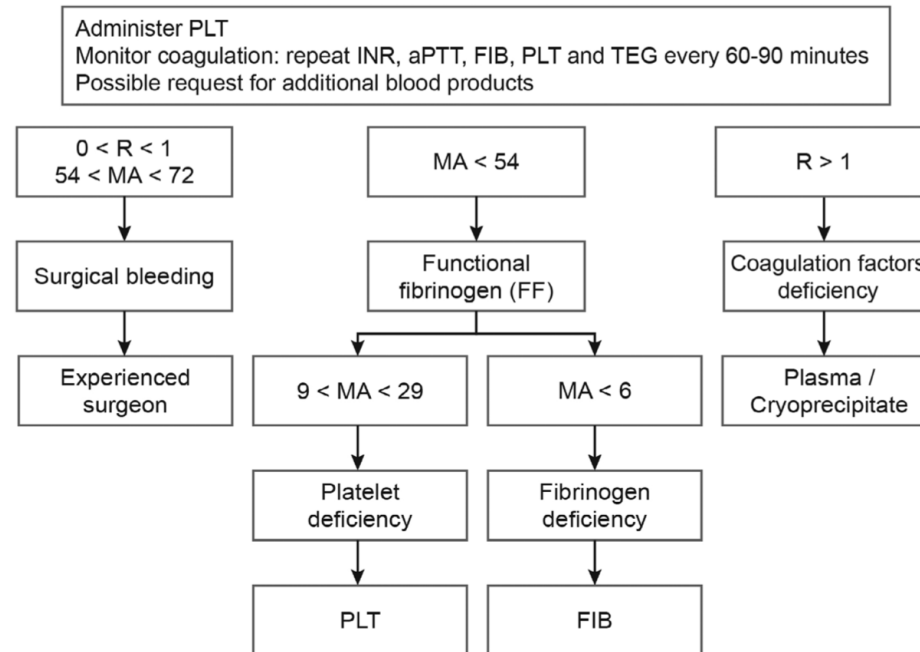


FIGURE 3 TEG-guided transfusion therapy.⁹ aPTT, activated partial thromboplastin time; FIB, fibrinogen; INR, international normalised ratio; PLT, platelets



Increases during pregnancy: 4-6gr/L nel III trim.

Level <2g/L : TARGET replacement

Accurate Biomarker of moderate to severe PPH progression

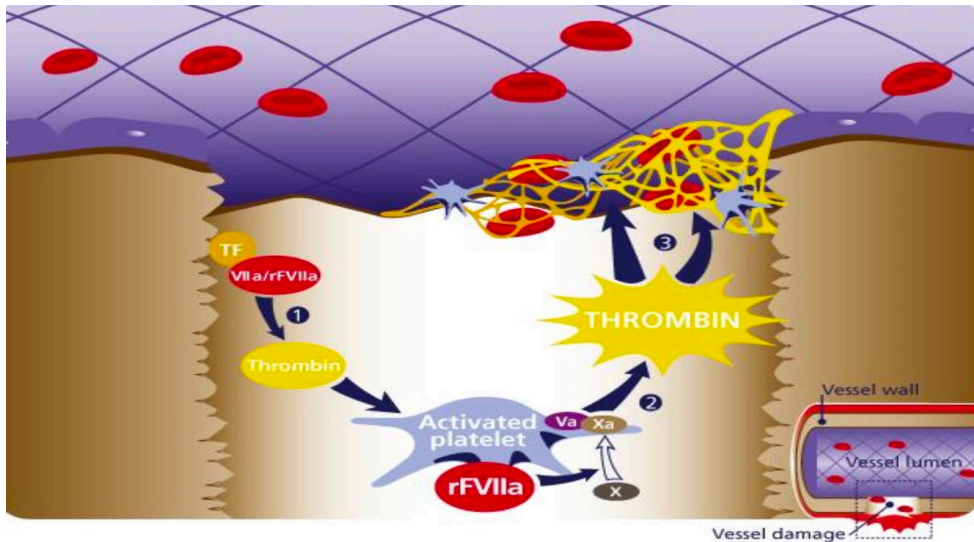
1° factor that is reduced during PPH

	FIBRINOGENO CONCENTRATO	CRIOPRECIPITATO
Efficacia	Buona	Buona
Tempo di preparazione	Breve	Lungo (scongelamento)
Costo	Elevato	Basso
Rischio infettivo	Basso (pastorizzazione)	Moderato (NO pastorizzaz)
Rischio Reazioni Trasfusion	Basso (anafilassi)	Elevato (reaz allergiche)
Fattori coagulazione	I (1gr)	I (200-300mg) VIII (80-120U) XIII (40-60U) vWF (80U)
Gruppo sanguigno ABO	Non necessario	ABO noto
Conservazione	Temperatura ambiente	Congelato (max 1 anno)

FIBRINOGEN



rFVIIa



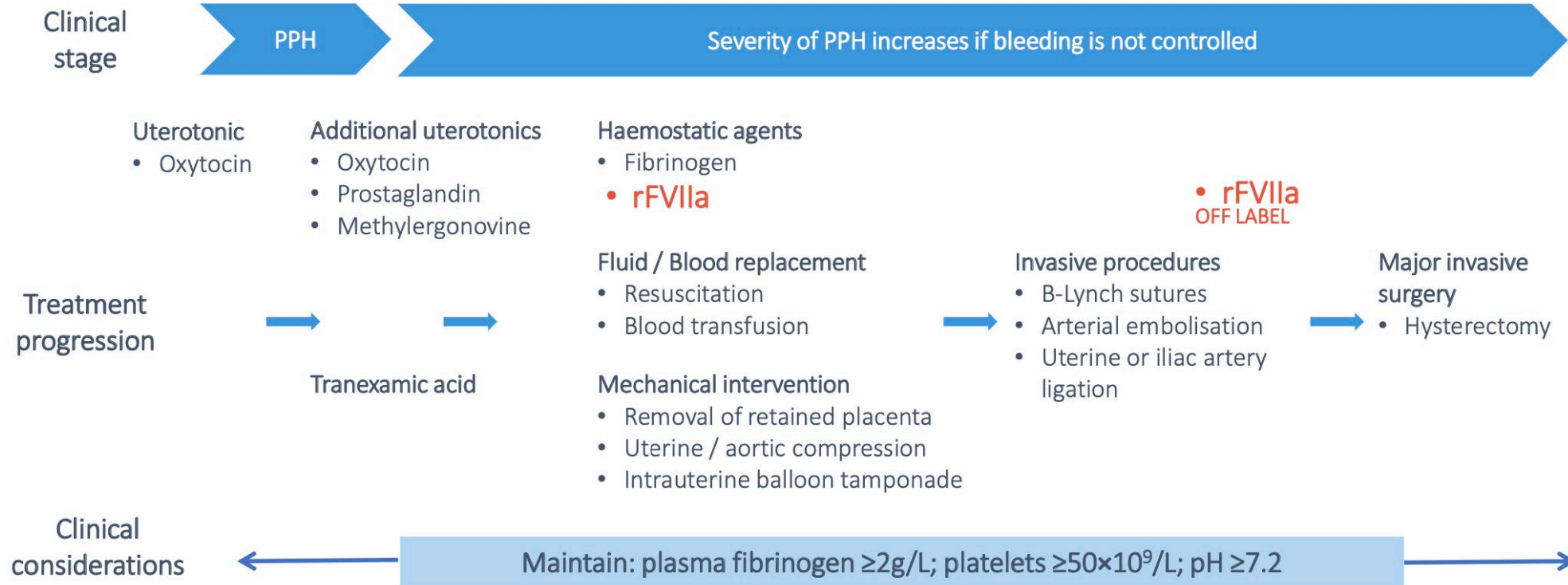
...update, May 2022

il rFVIIa is indicated for treatment sPPH,
when uterotonics are not sufficient
to achieve hemostasis

Dosage: 60-90 µg/Kg bolus ev.

Peak 10 minutes

If the response is insufficient,
repeat a second dose after 30 minutes



rFVIIa in the management of sPPH after the new indication



ORIGINAL ARTICLE

Recombinant human FVIIa for reducing the need for invasive second-line therapies in severe refractory postpartum hemorrhage: a multicenter, randomized, open controlled trial

*RCT France-Suisse
April 2007 - November 2010*

G. LAVIGNE-LISSALDE,^{*†} A. G. AYA,[‡] F. J. MERCIER,[§] S. ROGER-CHRISTOPH,[¶] C. CHAULEUR,^{**}
E. MORAU,^{††} A. S. DUCLOY-BOUTHORS,^{‡‡} A. MIGNON,^{§§} M. RAUCOULES,^{¶¶} A. BONGAIN,^{***}
F. BOEHLEN,^{†††} P. DE MOERLOOSE,^{†††} S. BOUVET,^{‡‡‡} P. FABBRO-PERAY^{‡‡‡} and J.-C. GRIS^{*†}

- The study aimed to evaluate the efficacy and safety of a single dose of FVIIa in women with ongoing sPPH after failure with sulprostone
- Randomized 84 women with sPPH: 42 used rFVIIa after failure with Sulprostone
42 women managed with the «standard of care» of the home centre



($P = 0.93$). The patients' baseline characteristics are presented in Table 2.

Primary outcomes

The primary efficacy outcomes are detailed in Table 3. Interventional hemostatic procedures (i.e. the composite primary efficacy outcome) were required for 93% ($n = 39/42$) of patients in the standard care arm and for 52% ($n = 22/42$) of patients in the intervention arm ($P < 0.0001$; RR = 0.56; 95% CI, 0.42–0.76). The mean number of patients who needed to be treated with rhu-FVIIa (number needed to treat, NNT) to avoid one composite outcome was 2.6. Only the number of arterial embolization procedures was significantly lower in the intervention arm than in the standard care arm. The percentage of peripartum hysterectomies was 7% ($n = 3$) in the intervention arm and 19% ($n = 8$) in the standard care arm (RR = 0.375 (0.107–1.32); $P = 0.11$).

No effect of treatment by center interaction on the primary efficacy outcome was detected. Indeed, the RR value adjusted for the eight centers was 0.7 with 95%

CI 0.55–0.9 (Breslow-Day test, $P = 0.06$). The result did not change even when only the five centers that enrolled at least five patients were included in the analysis (RR = 0.71; 95% CI, 0.55–0.91; Breslow-Day test, $P = 0.3$).

The time to initiation of a second-line treatment was not different between groups: the median delay was 30 min (95% CI, 15–80 min) in the standard care arm and also 60 min; $P = 0.93$ for the 22 patients in the intervention arm who did not respond to rhu-FVIIa.

In deviation from the protocol, the time to the failed to be measured. The bag to quantify postpartum blood loss and the devices were provided to the participating teams, but were only marginally used. The systematic measurement of blood loss was impossible.

To determine the proportion of patients who required blood products, the number of PRBCs assessed before and after randomization, the absolute numbers of transfused PRBCs and

	rFVIIa	Reference	Odds ratio (OR)	Relative reduction in risk of invasive procedure (%)	P-value
End-point: Almeno una procedura invasiva (compressione suture uterine, embolizzazione vascolare, ligatura vascolare, isterectomia) dopo randomizzazione, n/N (%)	21/42 (50.0)	38/42 (90.5)	0.11	44.7%	<0.0001

Table 3 Efficacy outcomes

Outcomes	Standard arm (N = 42) n (%)	Intervention arm (N = 42) n (%)	Absolute difference [95% CI]	Relative risk [95% CI]	Mean NNT	P
Primary efficacy outcome	39 (93)	22 (52)	41% [18; 63]	0.56 [0.42; 0.76]	2.6	< 0.0001
Arterial embolization	24 (57)	12 (29)	28% [-4; 61]	0.5 [0.29; 0.86]	3.5	0.0082
Arterial ligation	12 (29)	9 (21)	8% [-30; 44]	0.75 [0.35; 1.59]	14	0.45
Peripartum hysterectomy	8 (19)	3 (7)	12% [-28; 52]	0.38 [0.11; 1.32]	8.4	0.11
Others*	6 (14)	4 (10)	4% [-36; 44]	0.67 [0.20; 2.19]	25	0.50
B-lynch sutures, Bakri Balloon and variants with hemostatic intention						



Events VTE/ATE

	Randomised controlled trial (FAS)*		Observational studies									
			Bern University Study		PPH Consortium						UniSeven (FAS) †	ANZHR (FAS) ††
					Denmark (FAS)**		Netherlands (FAS) ††		UK (FAS)			
	rFVIIa N=51	Ref N=33	rFVIIa N=52	No rFVIIa N=113	rFVIIa N=40	No rFVIIa N=190†	rFVIIa N=23	No rFVIIa N=144	rFVIIa N=13	No rFVIIa N=149	rFVIIa N=87	rFVIIa N=166
Arterial TEs, n(%)	0	0	0	0	0	1 (0.5)	0	1 (0.7)	0	0	0	1 (0.6) [§]
Venous TEs, n(%)	2 (3.9)	0	0	1 (0.9)	1 (2.5)	2 (1.1)	1 (4.3)	2 (1.4)	0	4 (2.9)	0	2 (1.2)
All TEs, n(%)	2 (3.9)	0	0	1 (0.9)	1 (2.5)	3 (1.6)	1 (4.3)	3 (2.1)	0	4 (2.9)	0	3 (1.8)

rFVIIa treated:

VTEs: in 1.2% of patients
 ATEs: in 0.2% of patients

NOT rFVIIa treated:

VTEs: in 1.4% of patients
 ATEs: in 0.2% of patients



Deaths

	Randomised controlled trial (FAS)*		Observational studies										
			Bern University (FAS)		PPH Consortium						UniSeven**		ANZHR (FAS)
					Denmark (FAS)	Netherlands (FAS)		UK (FAS)		All exposed	FAS		
	rFVIIa	Ref	rFVIIa	No rFVIIa	rFVIIa	No rFVIIa	rFVIIa	No rFVIIa	rFVIIa	No rFVIIa	rFVIIa	rFVIIa	rFVIIa
	N=51	N=33	N=52	N=113	N=40	N=199	N=37	N=1223	N=13	N=149	N=111	N=87	N=166
Maternal deaths	0	0	0	0	0	2 (1.0)	2 (5.4)	5 (0.4)	0	2 (1.3)	1 (0.9)	0	13 (7.8)

NOTE: All deaths in ANZHR were assessed as unlikely related to rFVIIa by a physician from Monash University (Study site). Most patients died due to uncontrolled bleeding (despite large transfusion volumes) and possibly remoteness from speciality care.

❖ rFVIIa: resource among the options available in PPHs management
 No increase tromboembolic risk

«The use of rFVIIa in addition to current standard care may improve outcomes without further increasing the risks associated with sPPH»



EJA

Eur J Anaesthesiol 2023; **40**:226–304

GUIDELINES

Management of severe peri-operative bleeding: Guidelines from the European Society of Anaesthesiology and Intensive Care

Second update 2022

- Cell salvage is well tolerated in obstetric setting, provided that precautions are taken against rhesus isoimmunisation
- We suggest that using peri-operative cell salvage during caesarean section with high risk of haemorrhage may decrease homologous transfusion

GRADO 2B

CELL SALVAGE

GRADO C



Use:

- **Abnormalities of the placentation**
- **Risk factors for PPH**
- **Coagulation disorders with the need for transfusions**

CELL SALVAGE

Precautionary measures:

- **The use of a separate suction source for amniotic fluid**
- **Starting blood collection after delivery of the placenta**
- **Using a leukocyte depletion filter can further reduce the transfusion of amniotic fluid markers and bacteria**

Studies show that when collected blood is filtered through a leukocyte depletion filter, fetal squamous cells are present in levels comparable to those in maternal blood after the placenta is separated and that amniotic-fluid derived TF, which can cause disseminated intravascular coagulation, can be successfully removed.



SIMULATION AS A PREVENTION STRATEGY IN OBSTETRIC EMERGENCIES	3T's
Improve the integrated multidisciplinary approach.	Team
Develop standardized protocols.	Time
Face the most common emergency situations encountered in a complex and articulated scenario such as the place of birth with major competence, appropriateness and safety.	Target

Thanks

