

## ESRA MEETING - ANNUAL UPDATE

1 day, 1 programme, 3 cities

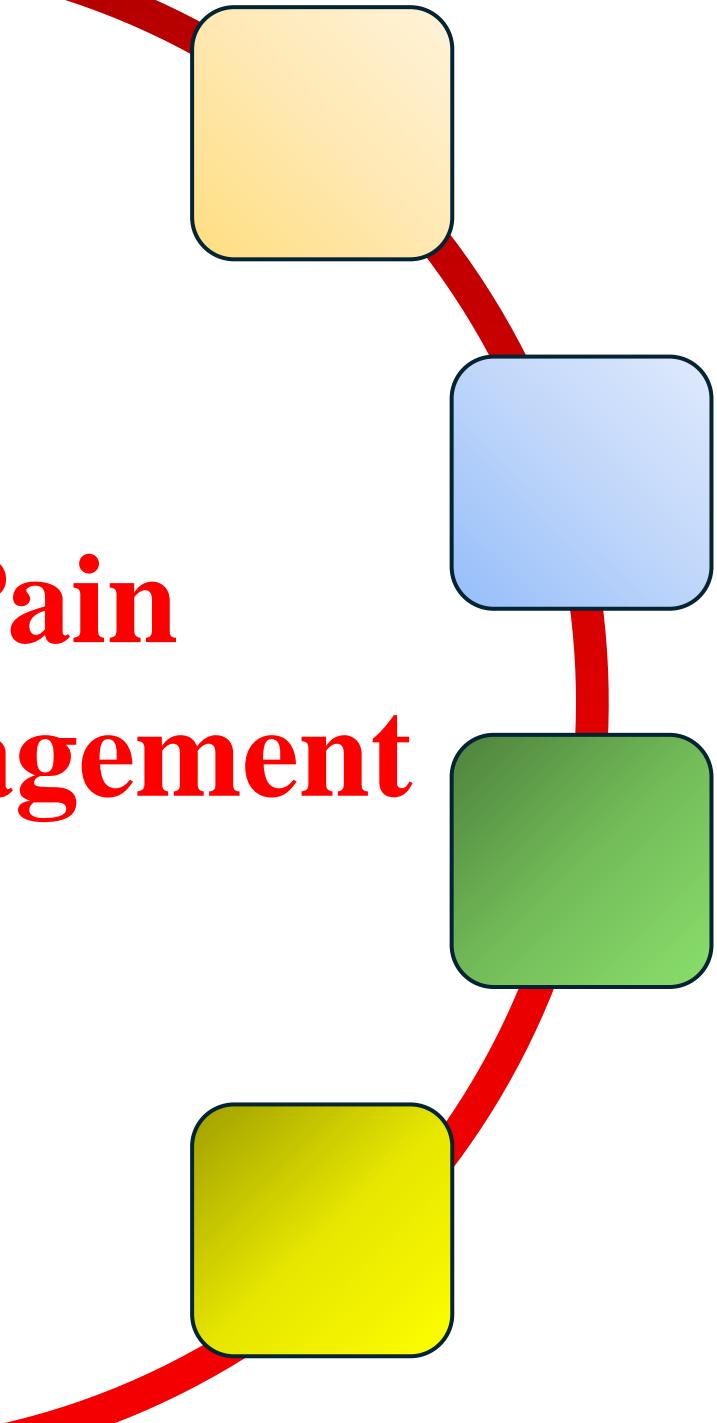
13 APRILE 2024

# Novità in Terapia del Dolore

Dott. Pasquale Buonanno  
Università degli Studi di Napoli  
«Federico II»



# Pain Management



Drugs

Pain  
Management

# Pain Management

Drugs

Interventional procedures

# Pain Management

Drugs

Interventional procedures

Physical Therapy

# Pain Management

Drugs

Interventional procedures

Physical Therapy

...and more

*Drugs*



# Opioids

# Opioids

Tramadol

Codeine

Morphine

Oxycodone

Fentanyl

Buprenorphine

Hydromorphone.....

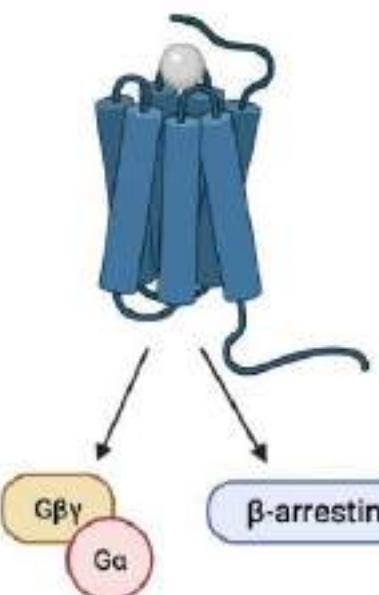
# Opioids

## Side effects

- Sedation
- Dizziness
- Nausea
- Vomiting
- Constipation
- Physical dependence
- Tolerance
- Respiratory depression

## Opioid biased agonism

Balanced  
agonism



Analgesia and  
Side effects

G $\iota$ -biased  
agonism



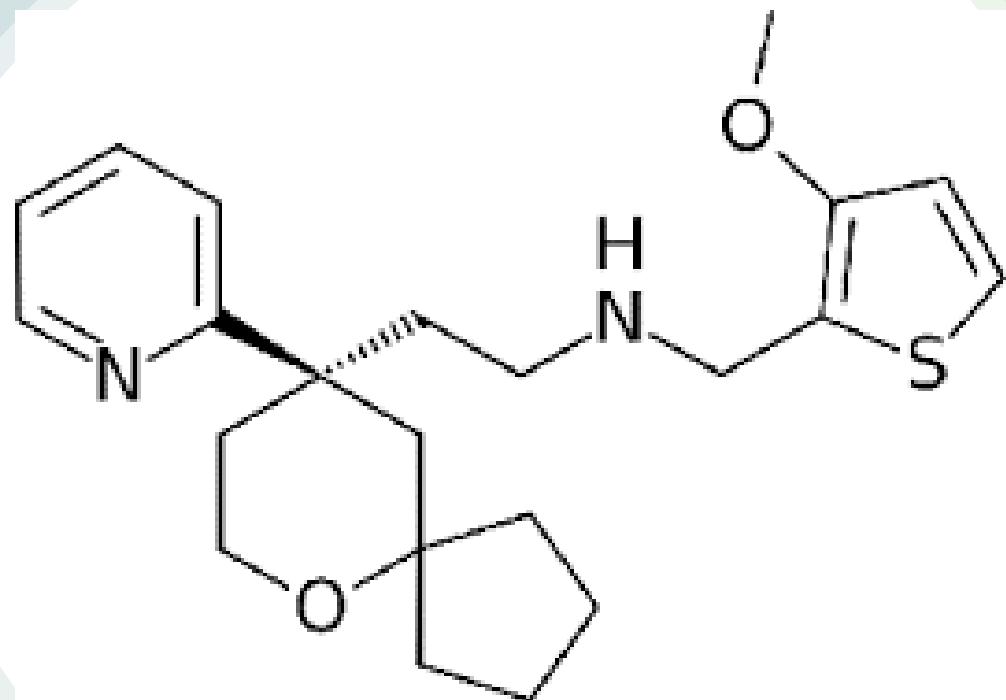
Analgesia

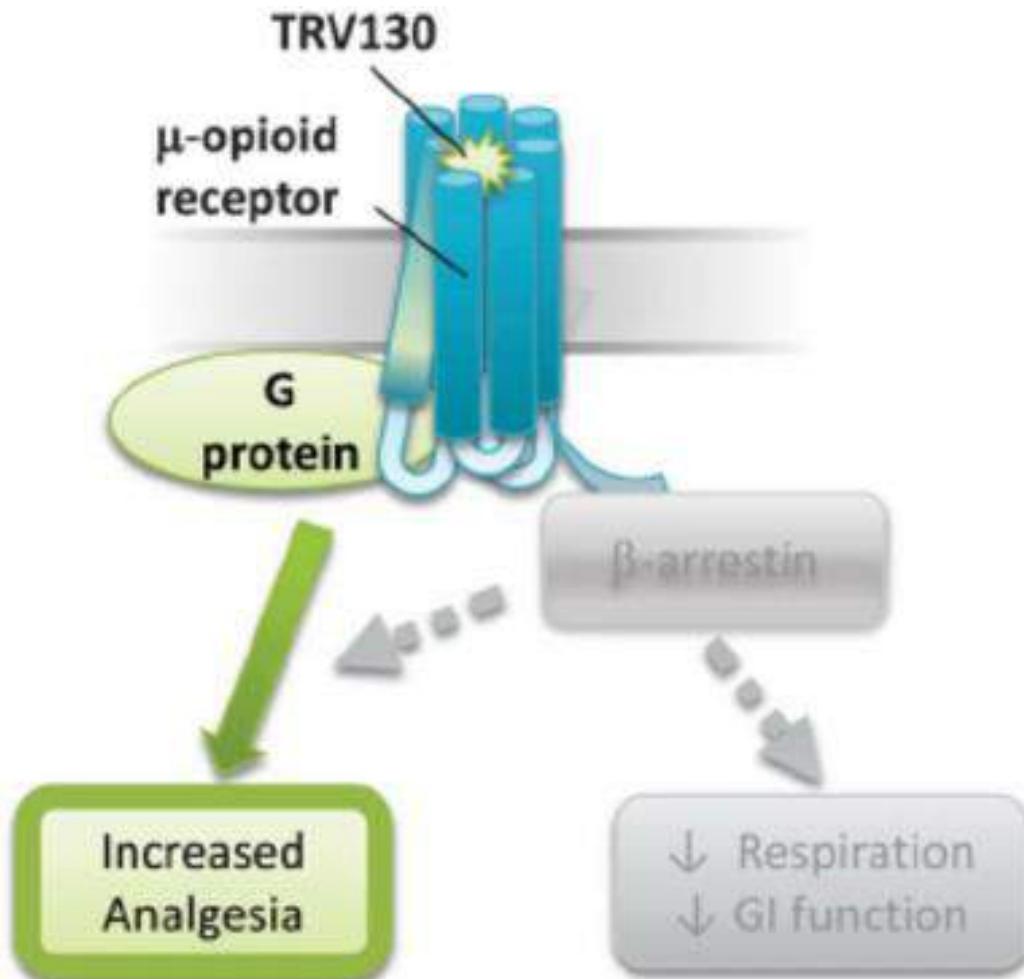
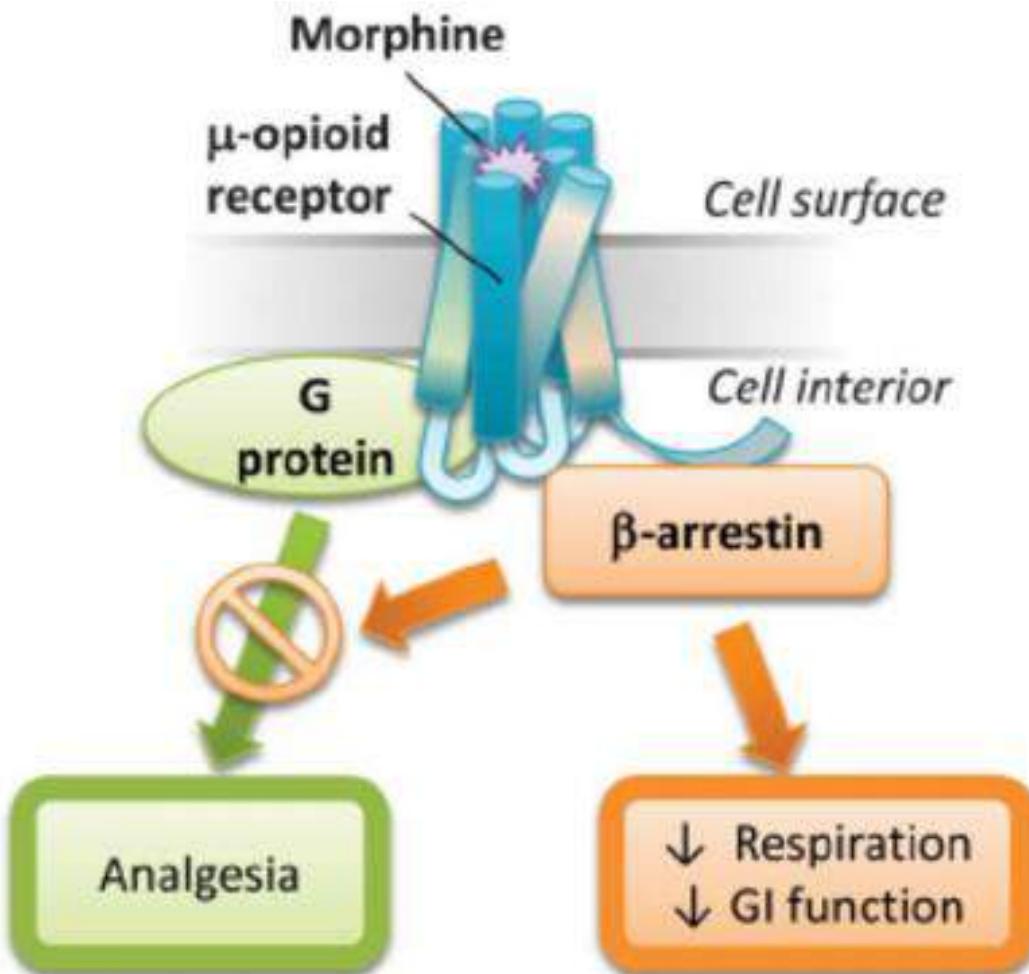
$\beta$ -arrestin biased  
agonism



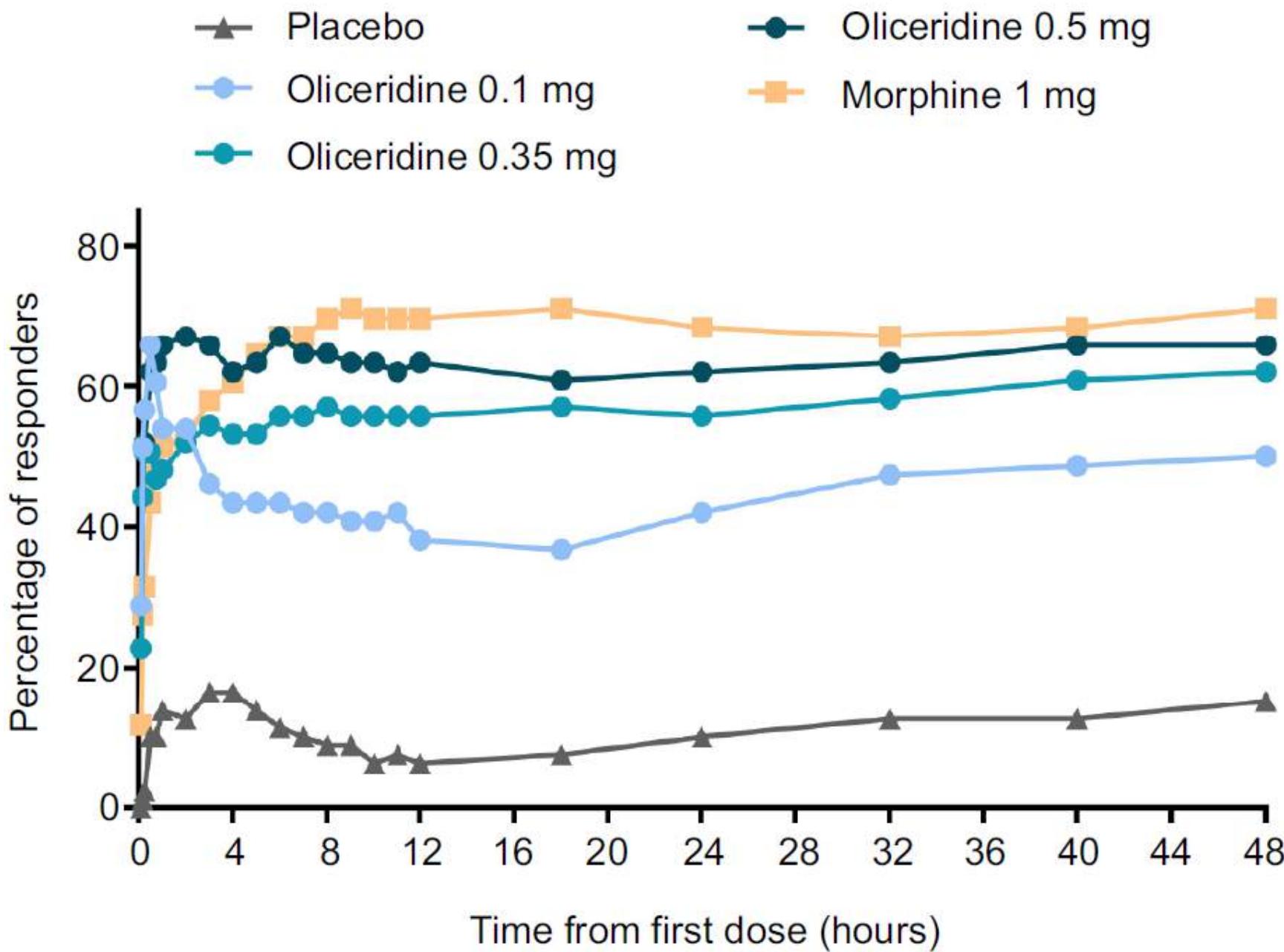
Side effects

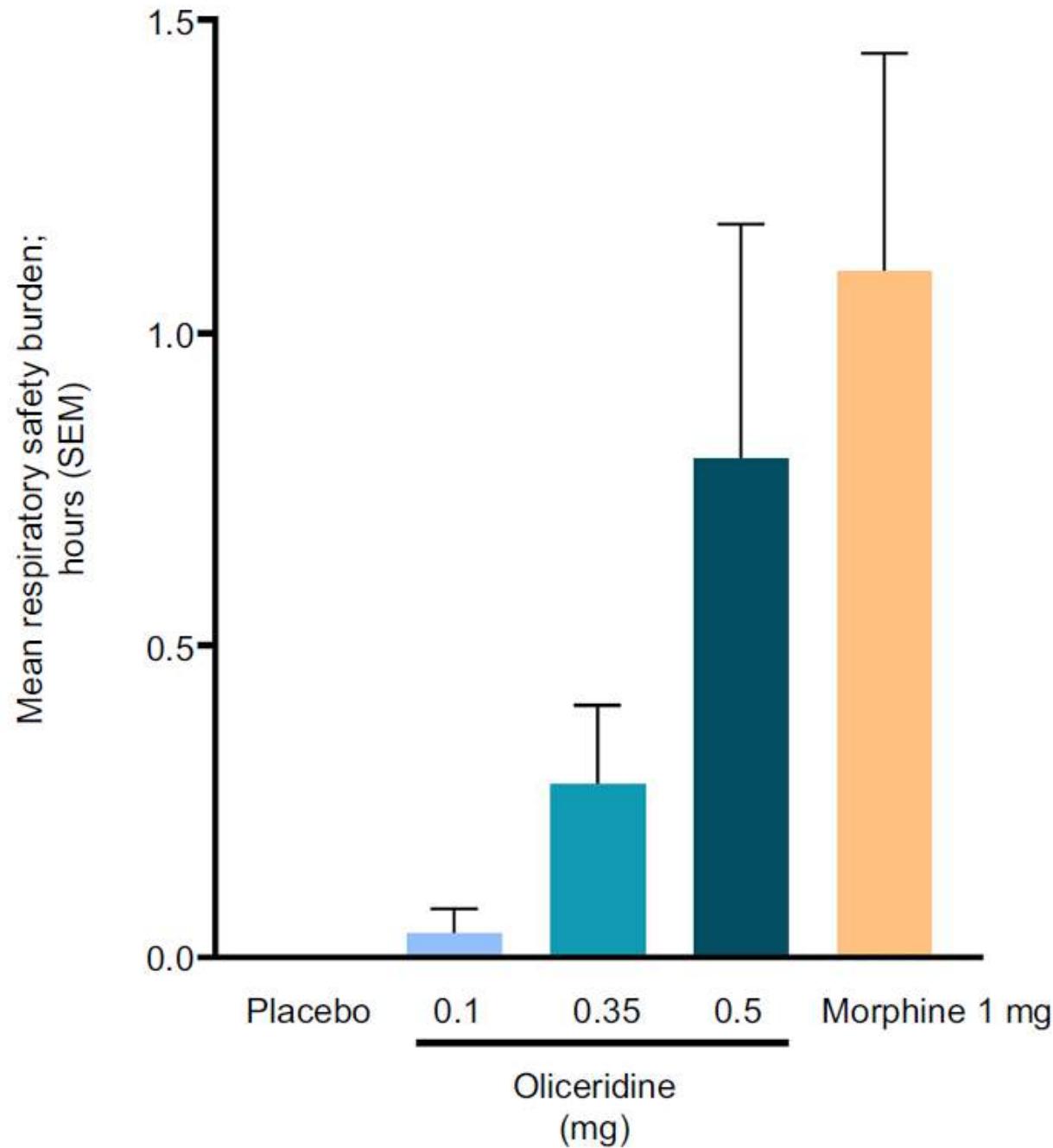
- Oliceridine

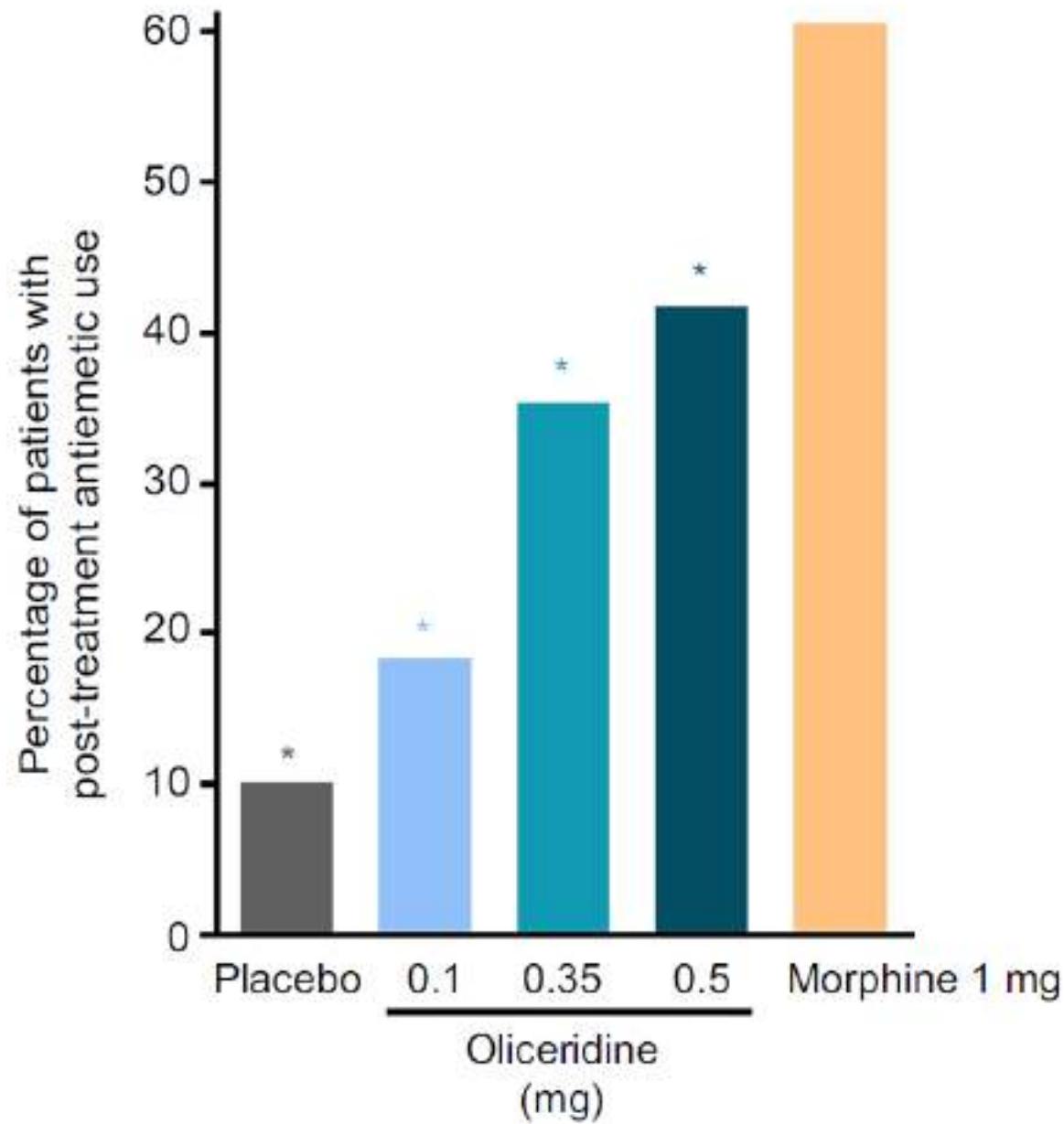




# APOLLO-I

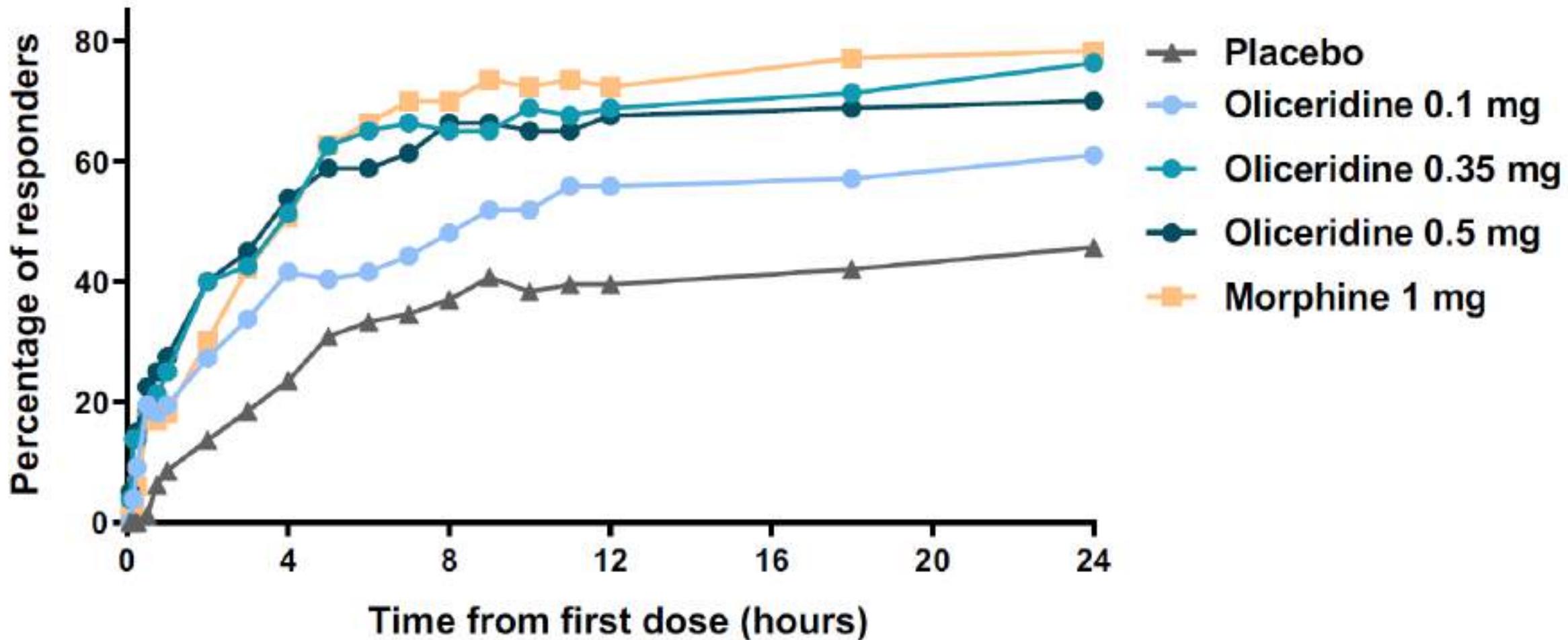


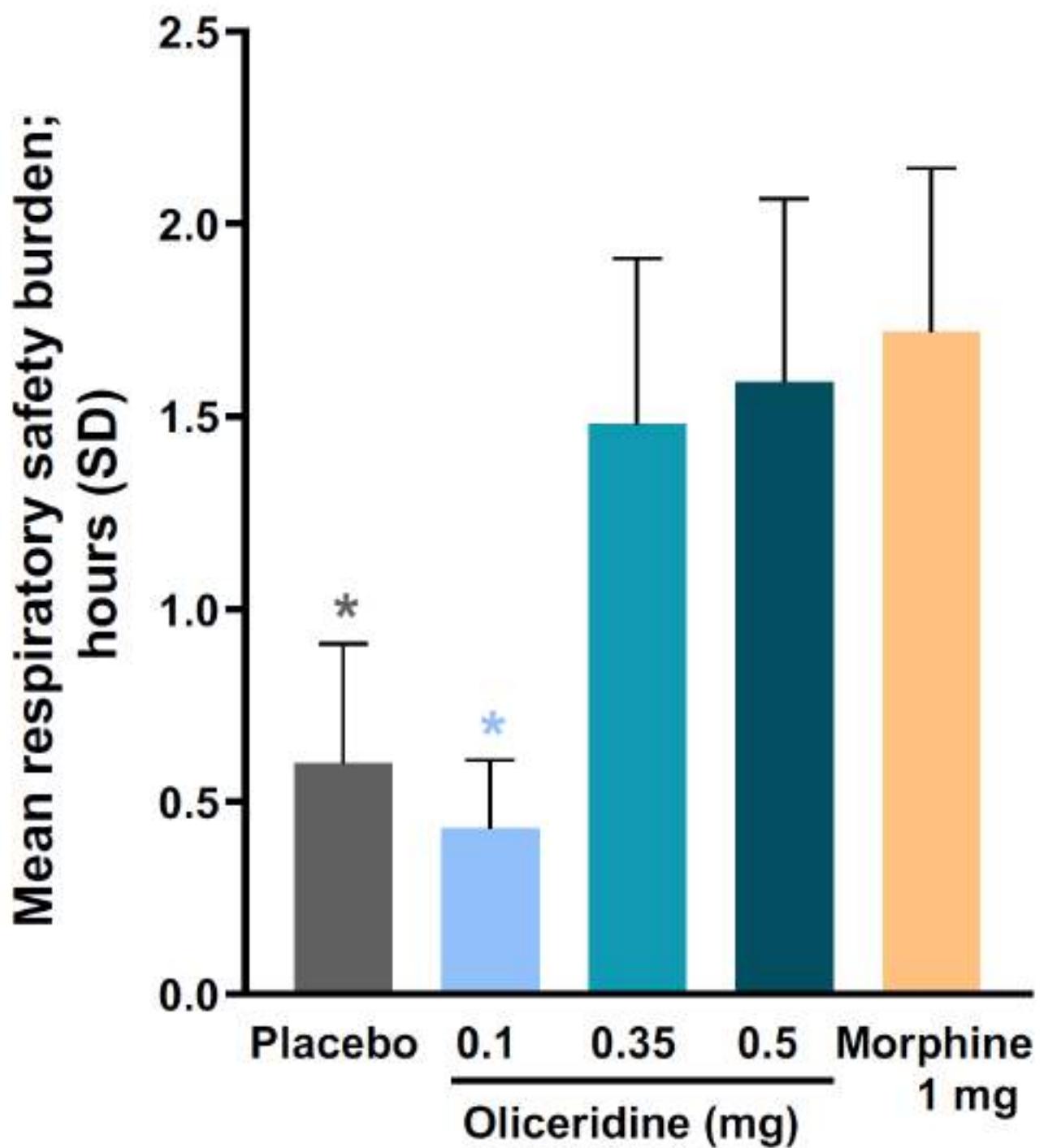


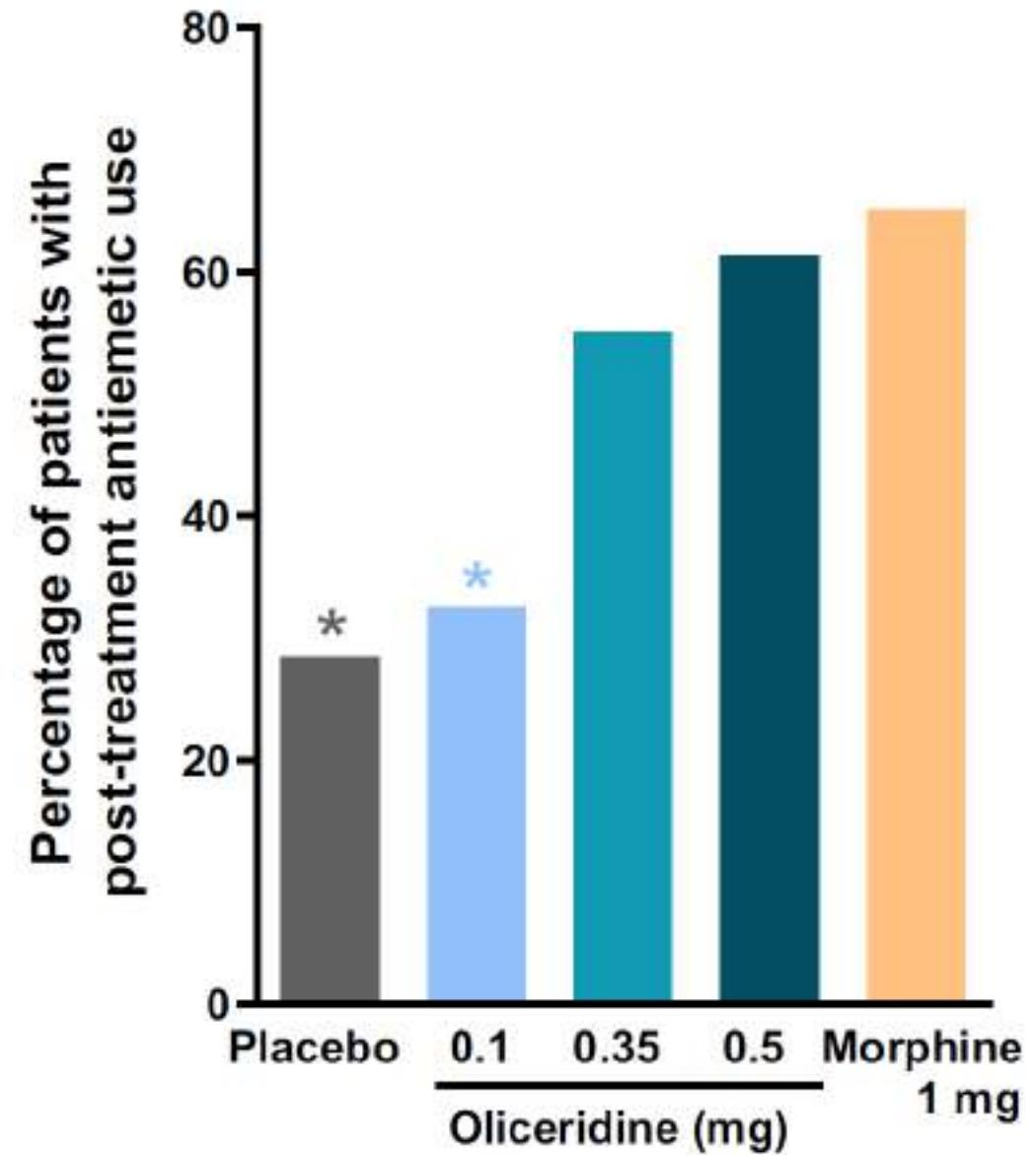
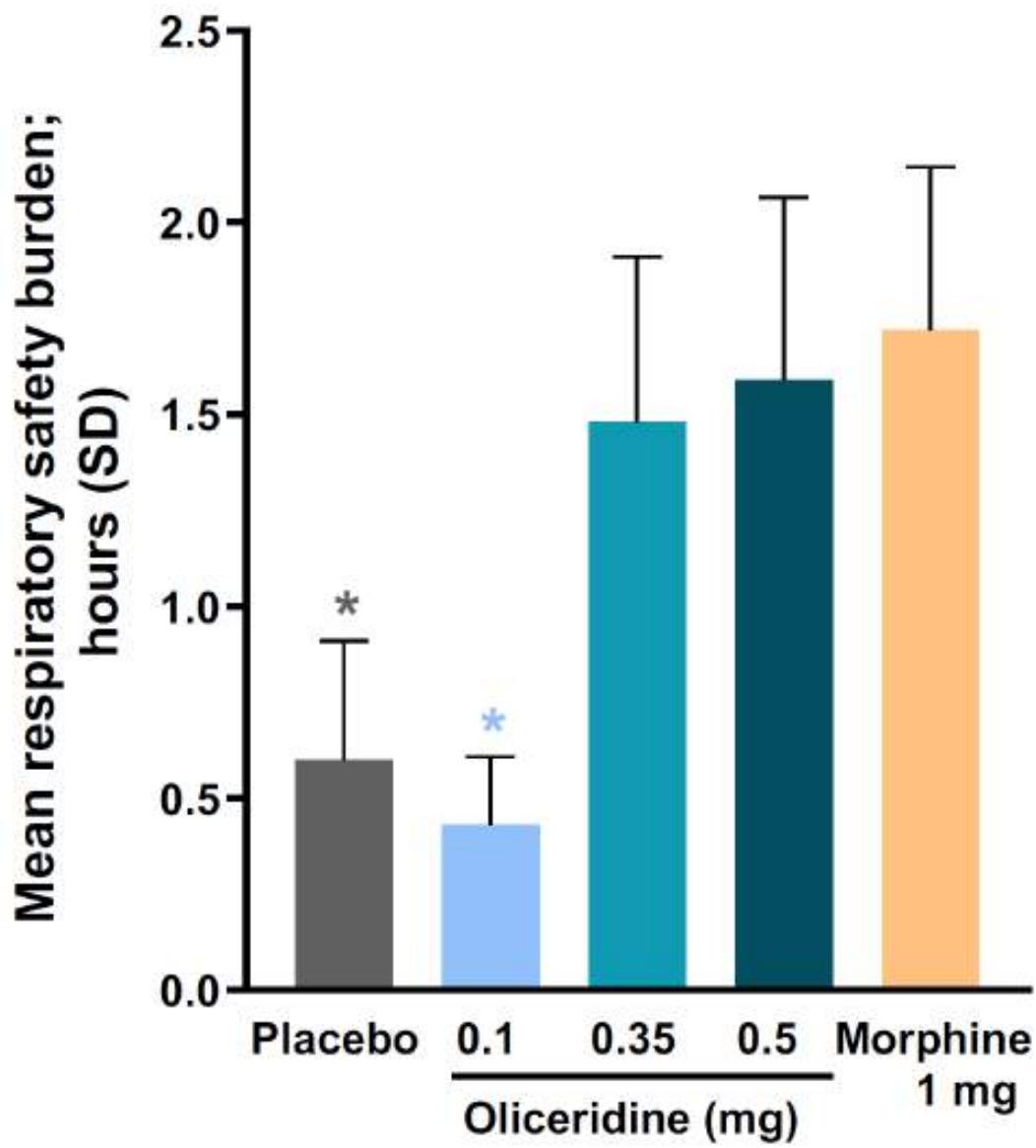


# APOLLO-2

B







# Pain Management

Drugs

Interventional procedures

Physical Therapy

...and more

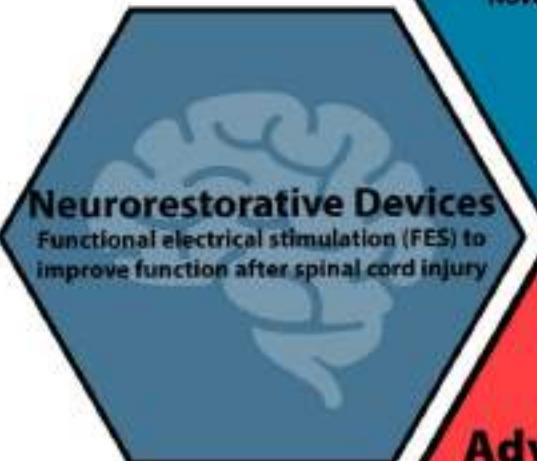
# Interventional procedures

## Advances in Spinal Cord Stimulation



### Waveforms

Novel waveforms introducing new mechanisms of action



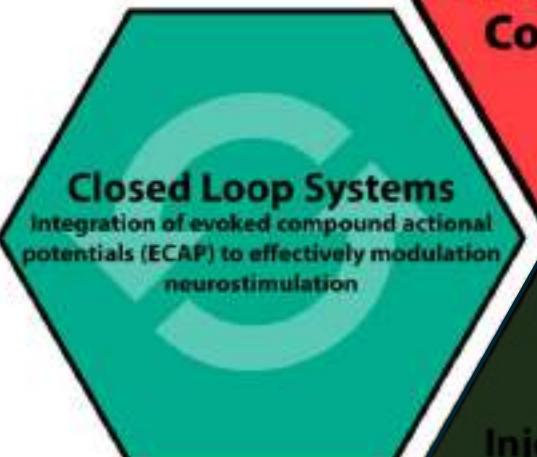
### Neurorestorative Devices

Functional electrical stimulation (FES) to improve function after spinal cord injury



### Artificial Skins

Advancements in polymer and circuit technology towards the development of wearable electrodes



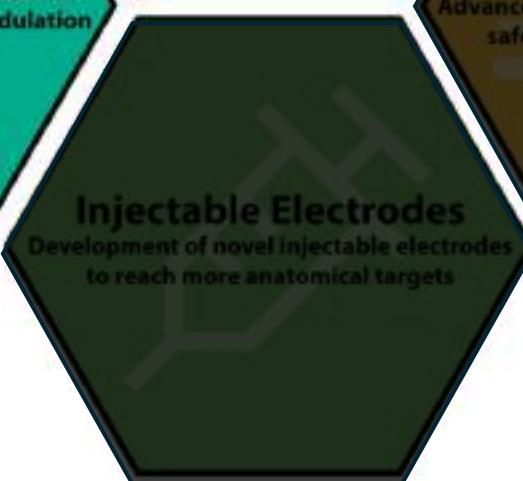
### Closed Loop Systems

Integration of evoked compound action potentials (ECAP) to effectively modulate neurostimulation



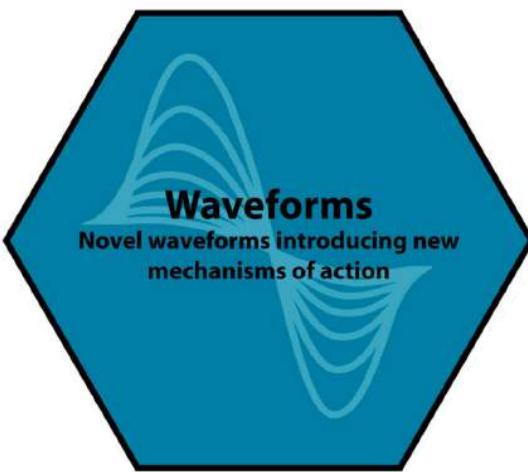
### Implantable Electrodes

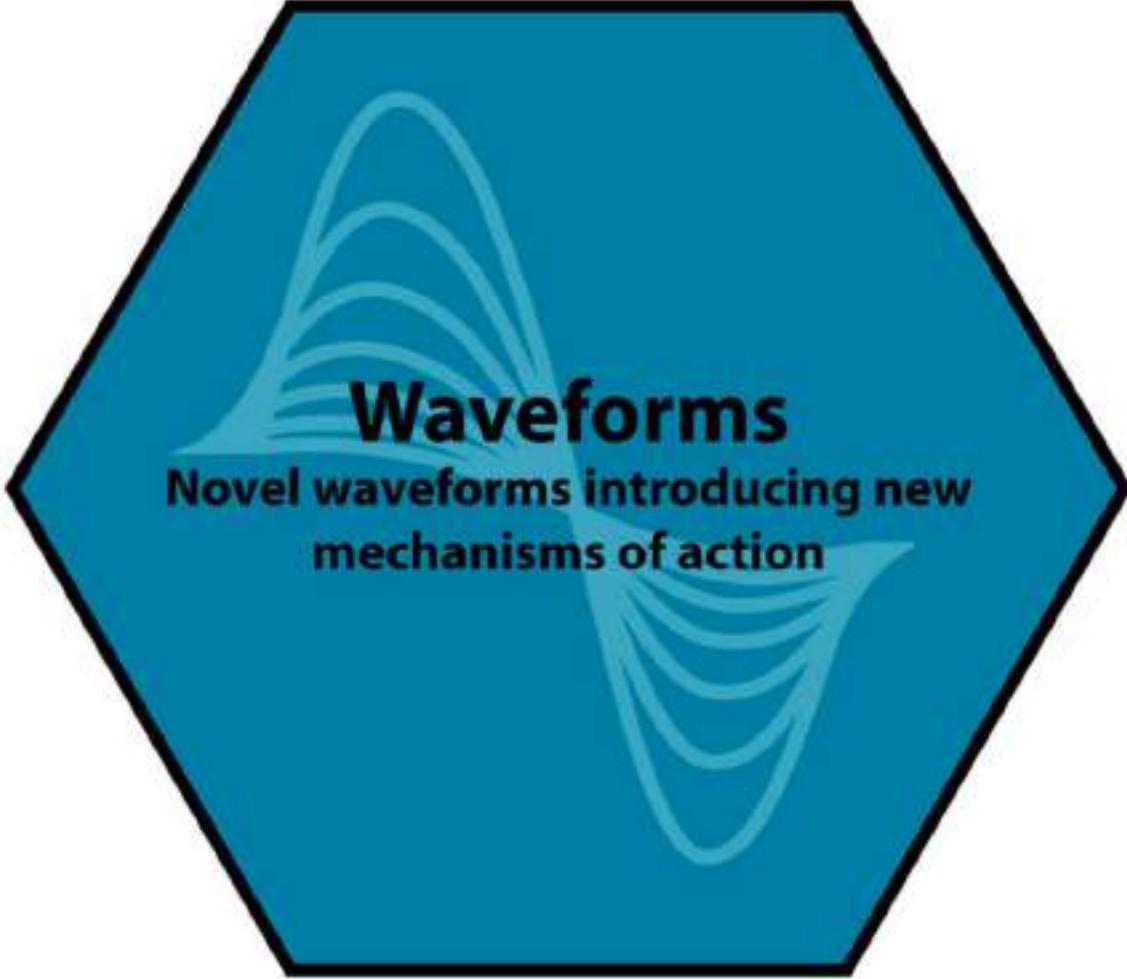
Advancements in material science leading to safe and inert implanted electrodes



### Injectable Electrodes

Development of novel injectable electrodes to reach more anatomical targets





## Waveforms

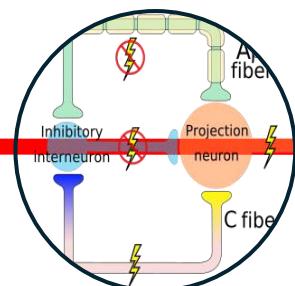
Novel waveforms introducing new  
mechanisms of action

# Timeline of advances in spinal cord stimulation

46 A.D.

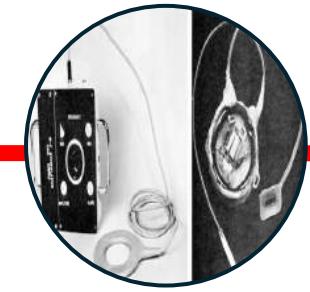
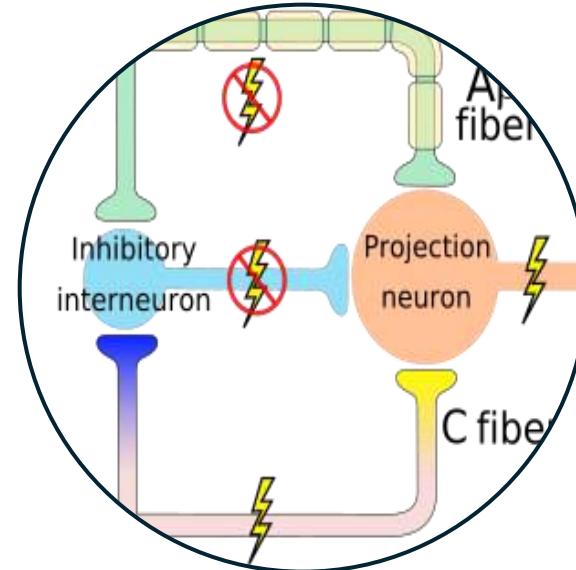


Roman use of torpedo fish for gout.



# Timeline of advances in spinal cord stimulation

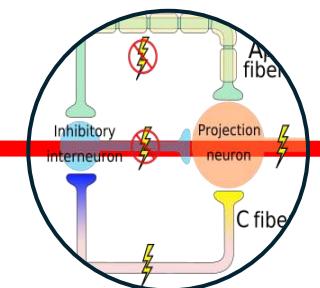
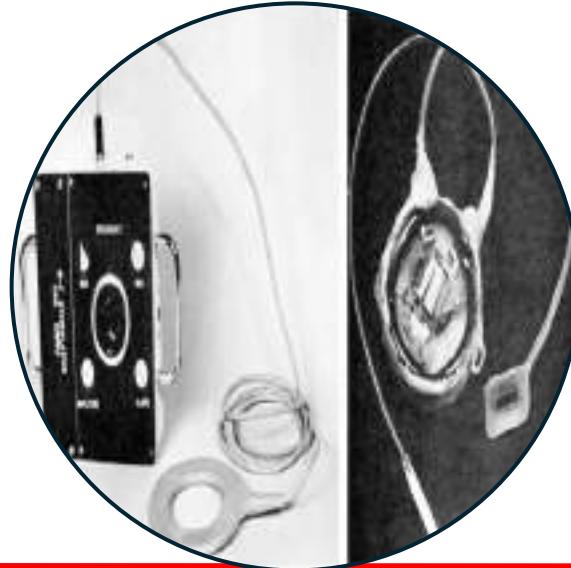
1965



Gate Control Theory.

# Timeline of advances in spinal cord stimulation

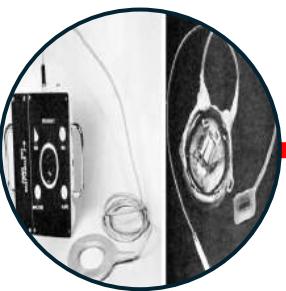
1967



Dr. Norman Shealy: first spinal  
cord stimulator in human

# Timeline of advances in spinal cord stimulation

1968



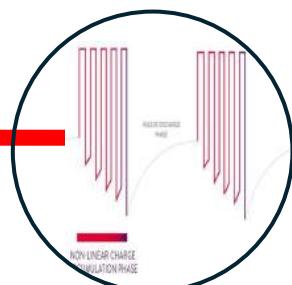
First spinal cord stimulator  
commercially available

# Timeline of advances in spinal cord stimulation

1981

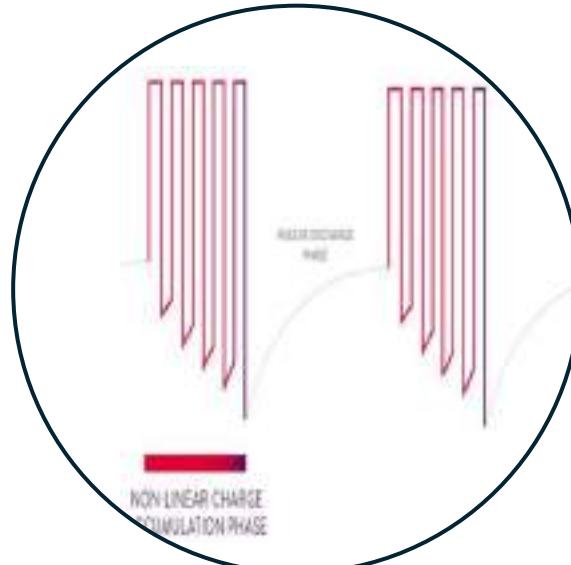


First fully implantable  
spinal cord stimulator



# Timeline of advances in spinal cord stimulation

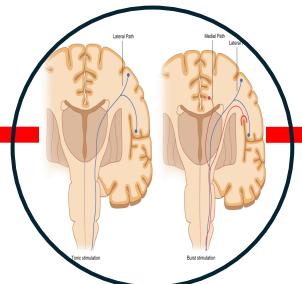
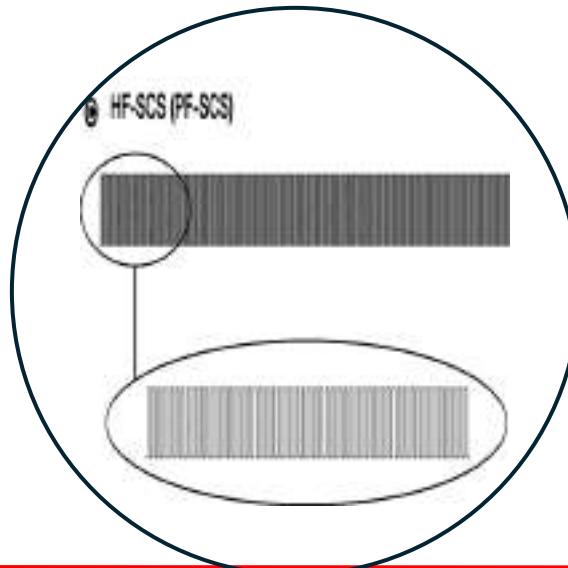
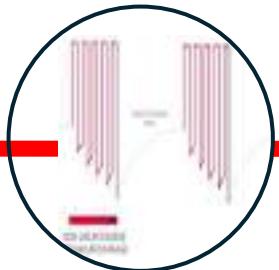
2004



Burst spinal cord  
stimulation pioneered by  
Dr De Ridder

# Timeline of advances in spinal cord stimulation

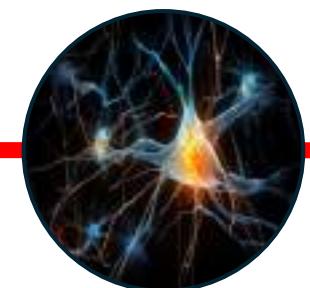
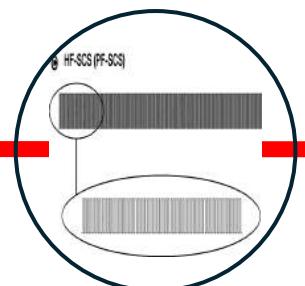
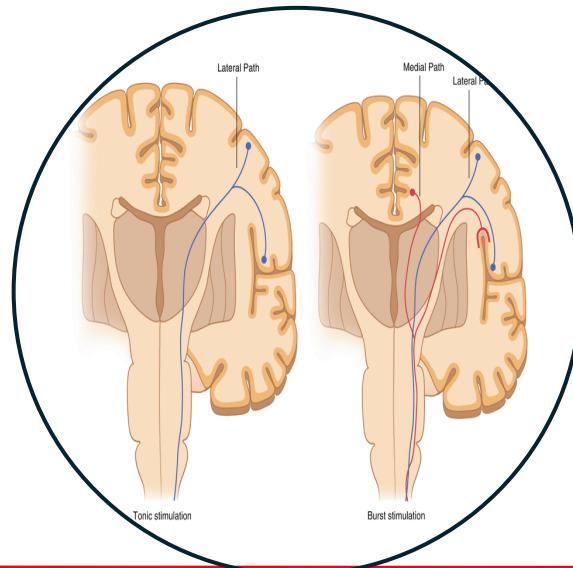
2015



High frequency approved  
by FDA

# Timeline of advances in spinal cord stimulation

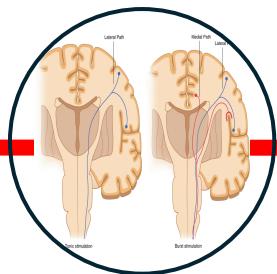
2015



Burst approved by FDA

# Timeline of advances in spinal cord stimulation

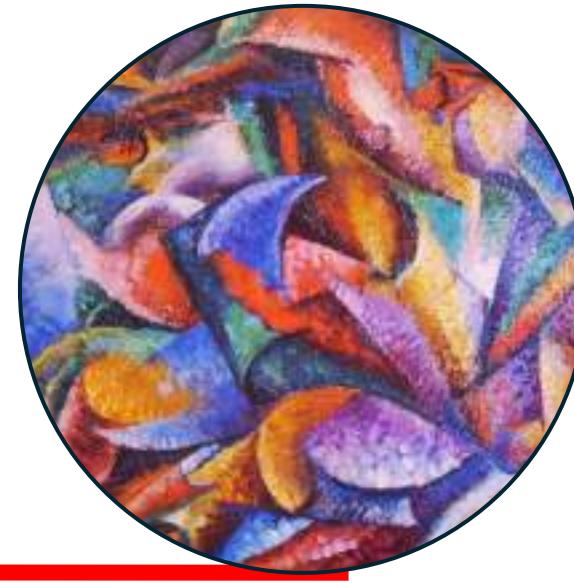
2020



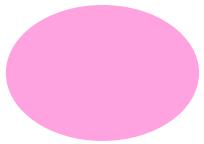
Differential target  
multiplexed available in  
US

# Timeline of advances in spinal cord stimulation

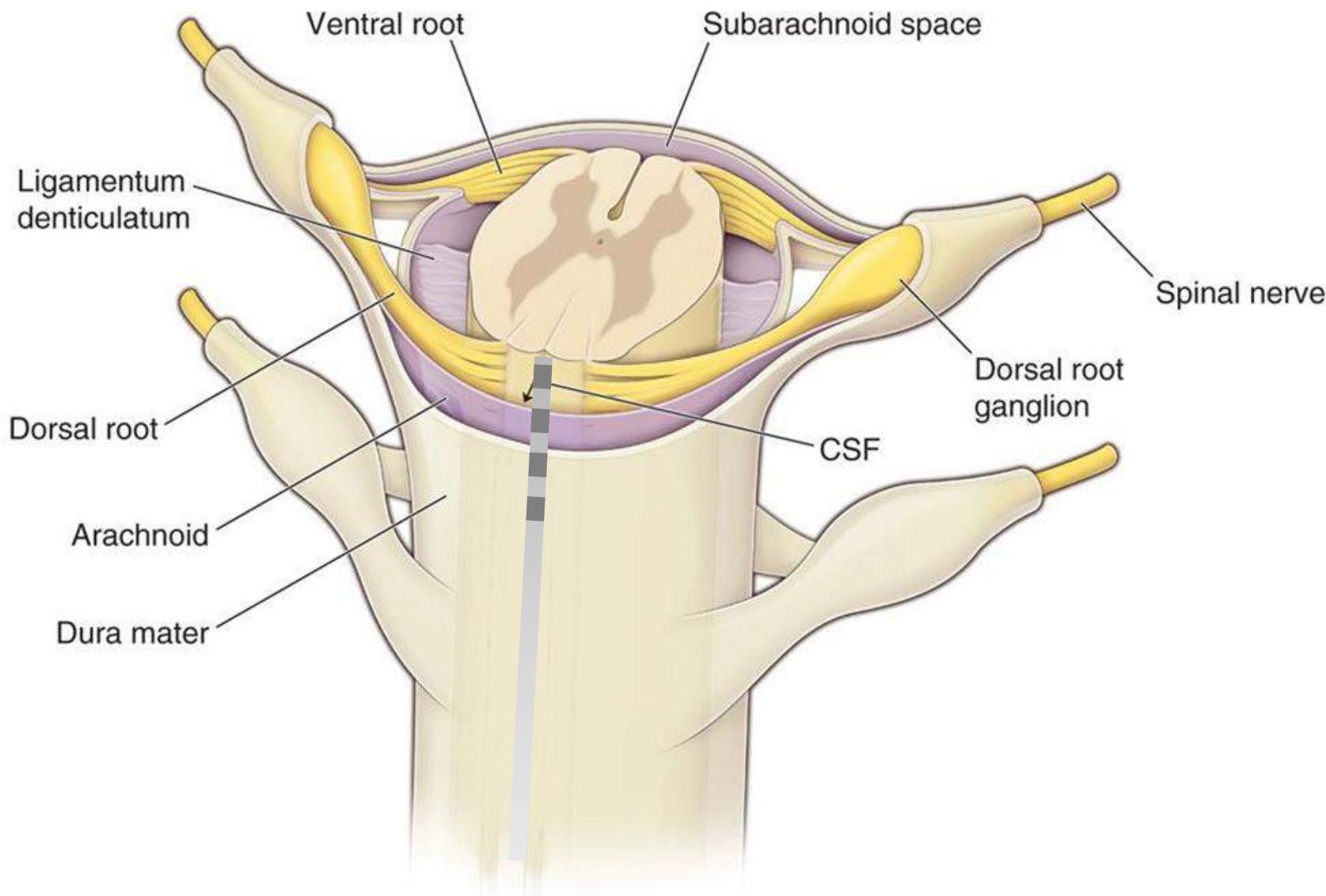
2022

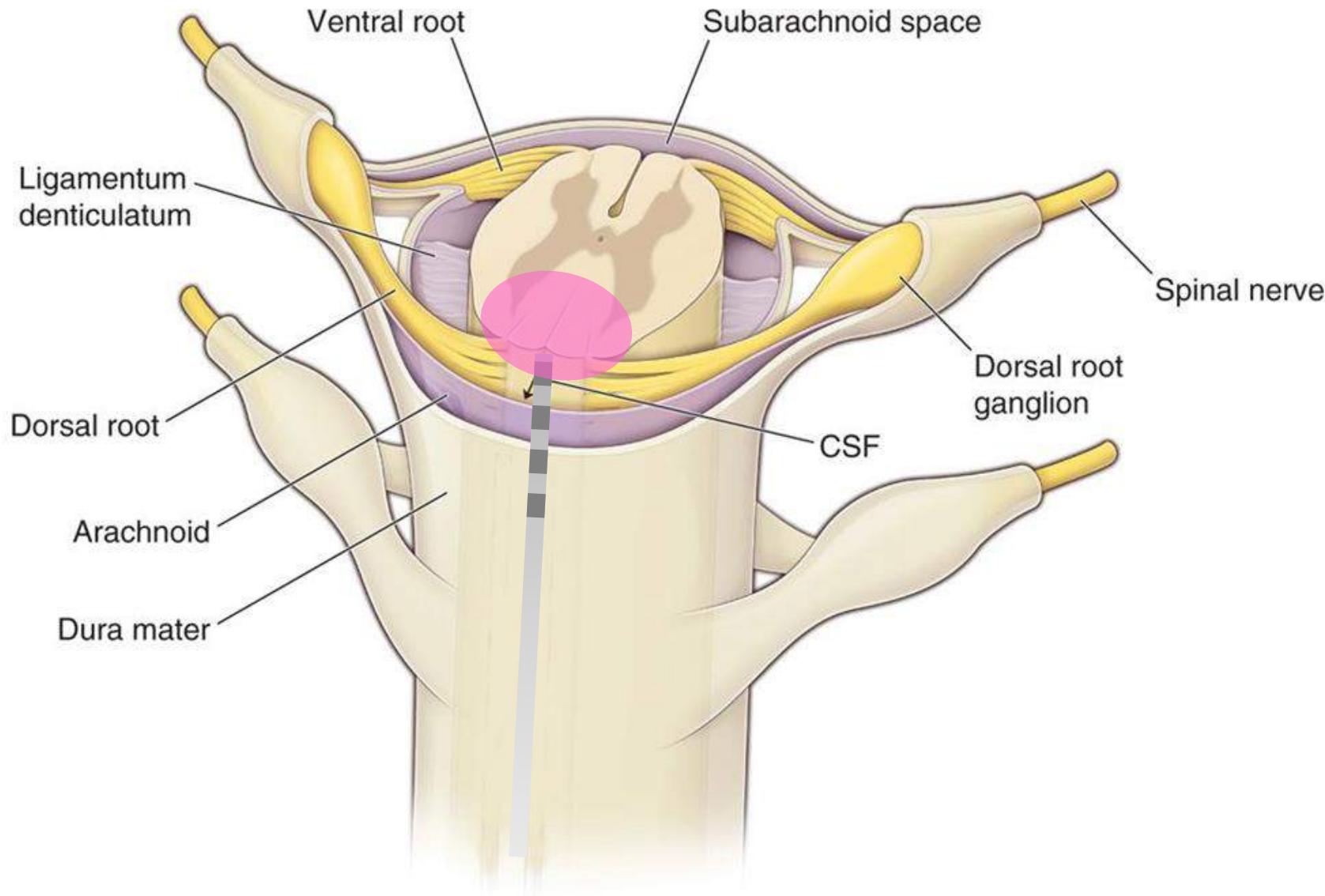


Closed loop approved  
by FDA



# Stimulation





meningium  
arachnoid

Dorsal root

Arachnoid

Pia mater

Dorsal ganglion

CSF



meningium  
arachnoid

Spinal root

Arachnoid

Pia mater



CSF

Dorsal  
ganglion

meningium  
arculatum

Dorsal root

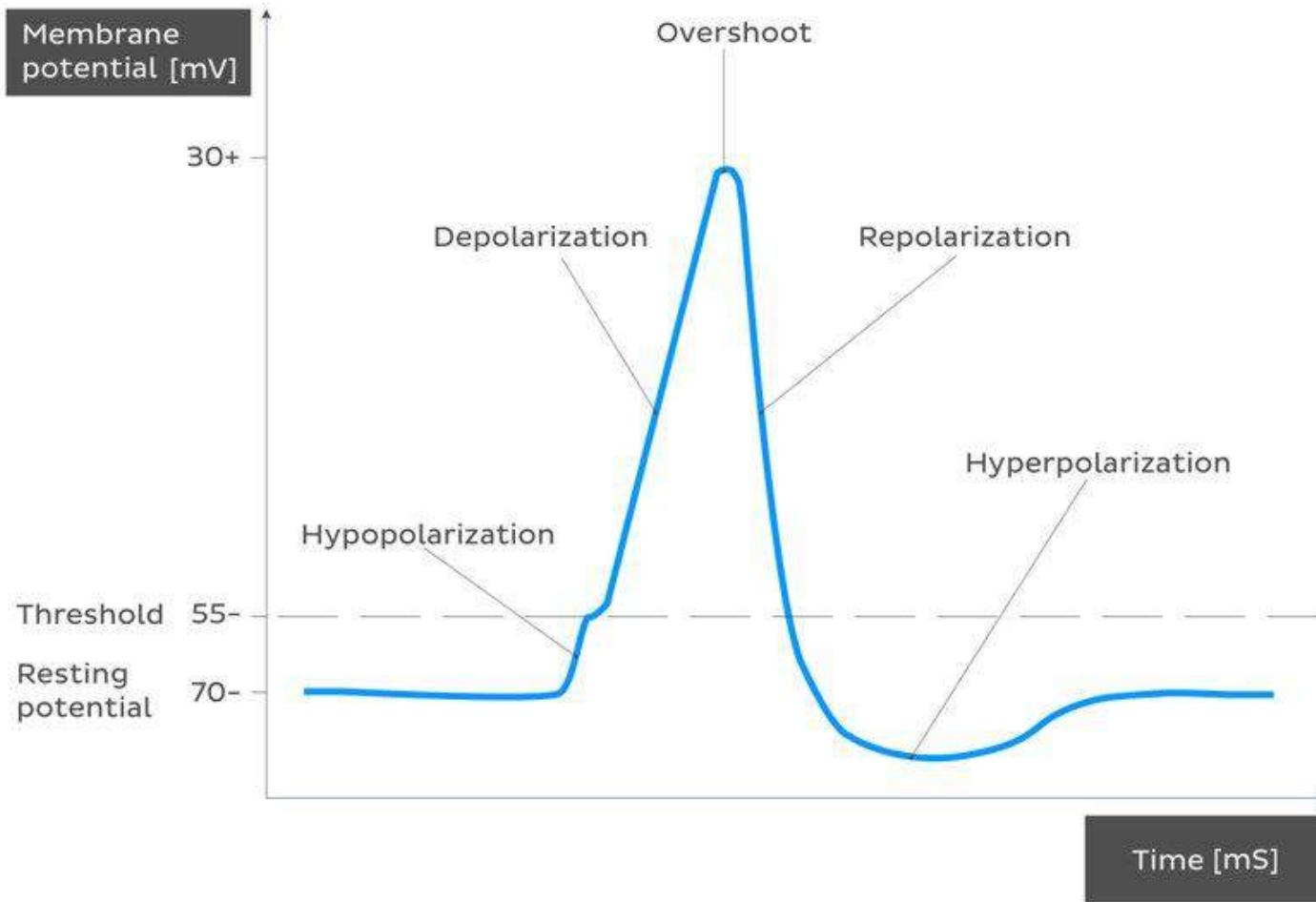
Arachnoid

Pia mater

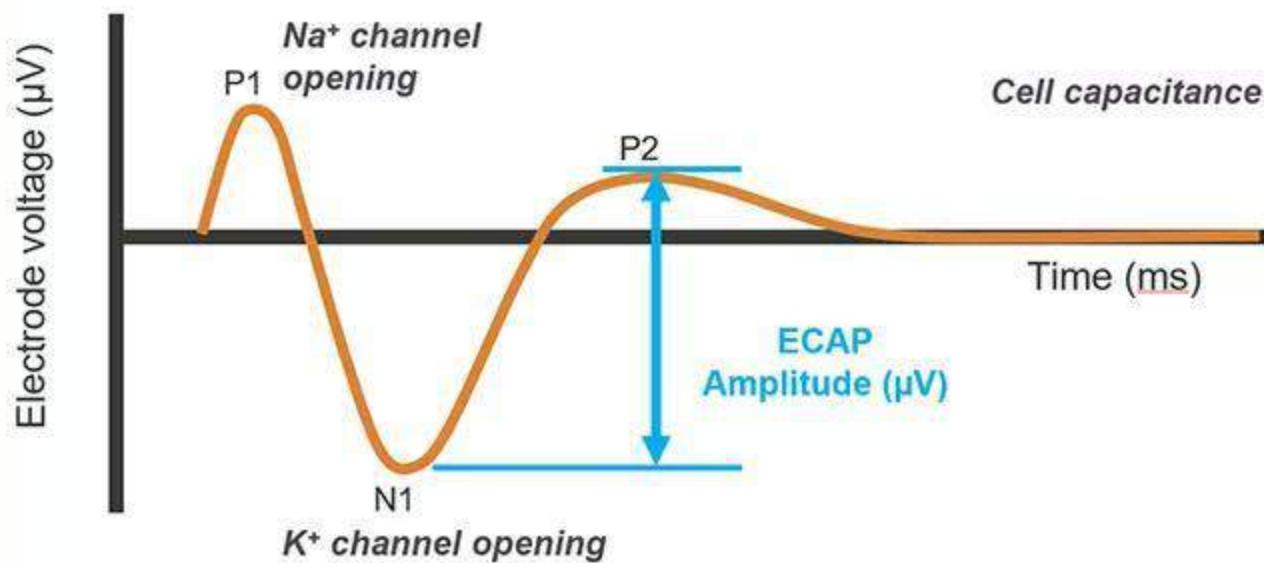
Dorsal ganglion

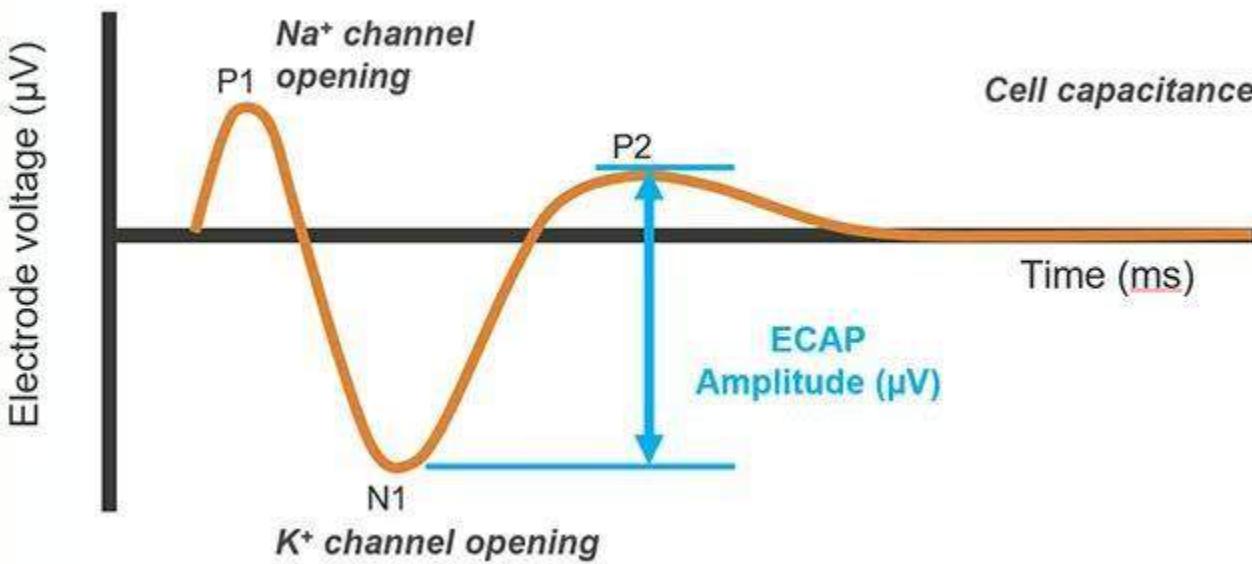
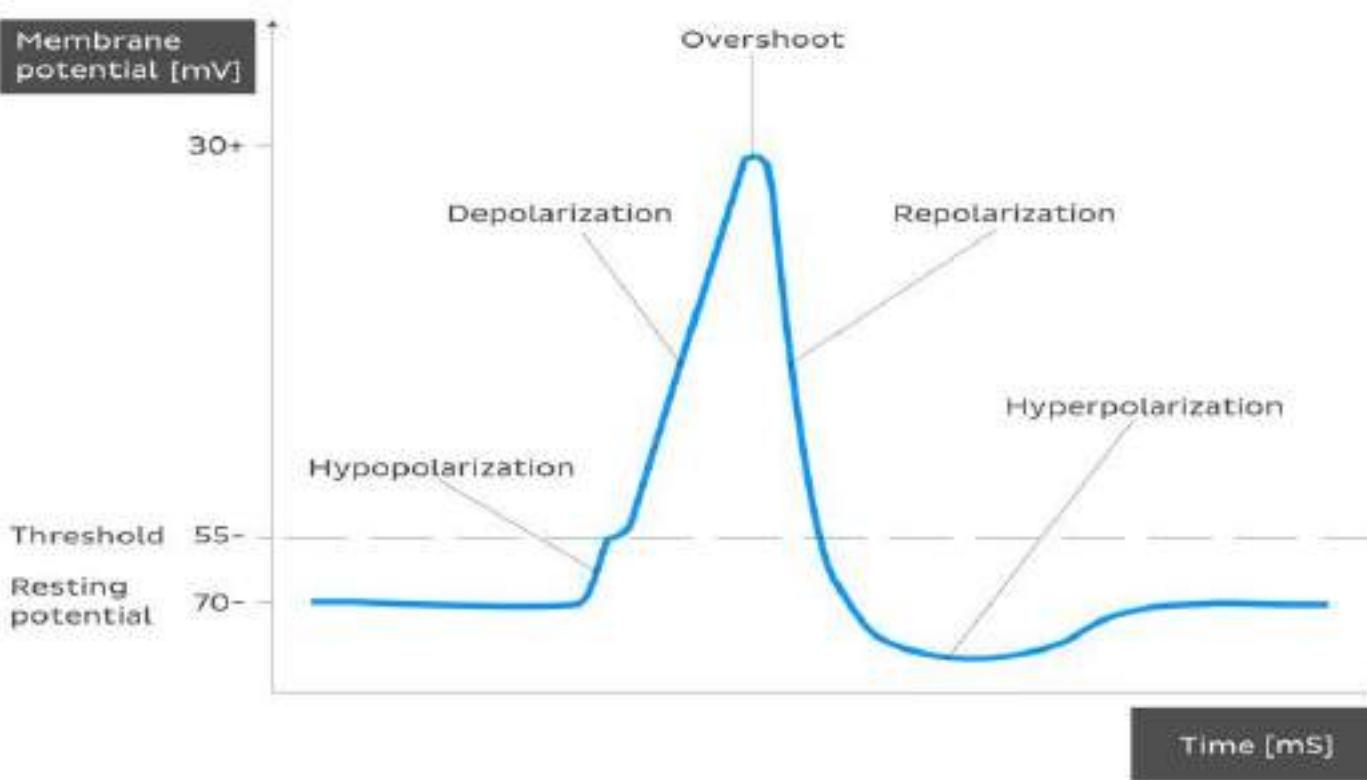
A detailed anatomical illustration showing a cross-section of a spinal nerve. The nerve is composed of two main parts: the dorsal root (yellow) entering from the back and the ventral root (yellow) exiting from the front. These roots converge to form the full spinal nerve. The nerve is surrounded by three membranes: the pia mater (innermost, tan), the arachnoid (middle, purple), and the meninges (outermost, yellow). A pink circle highlights the dorsal root ganglion, a cluster of neurons located within the dorsal root. The central canal contains cerebrospinal fluid (CSF). A vertical color bar is positioned in the center of the image.

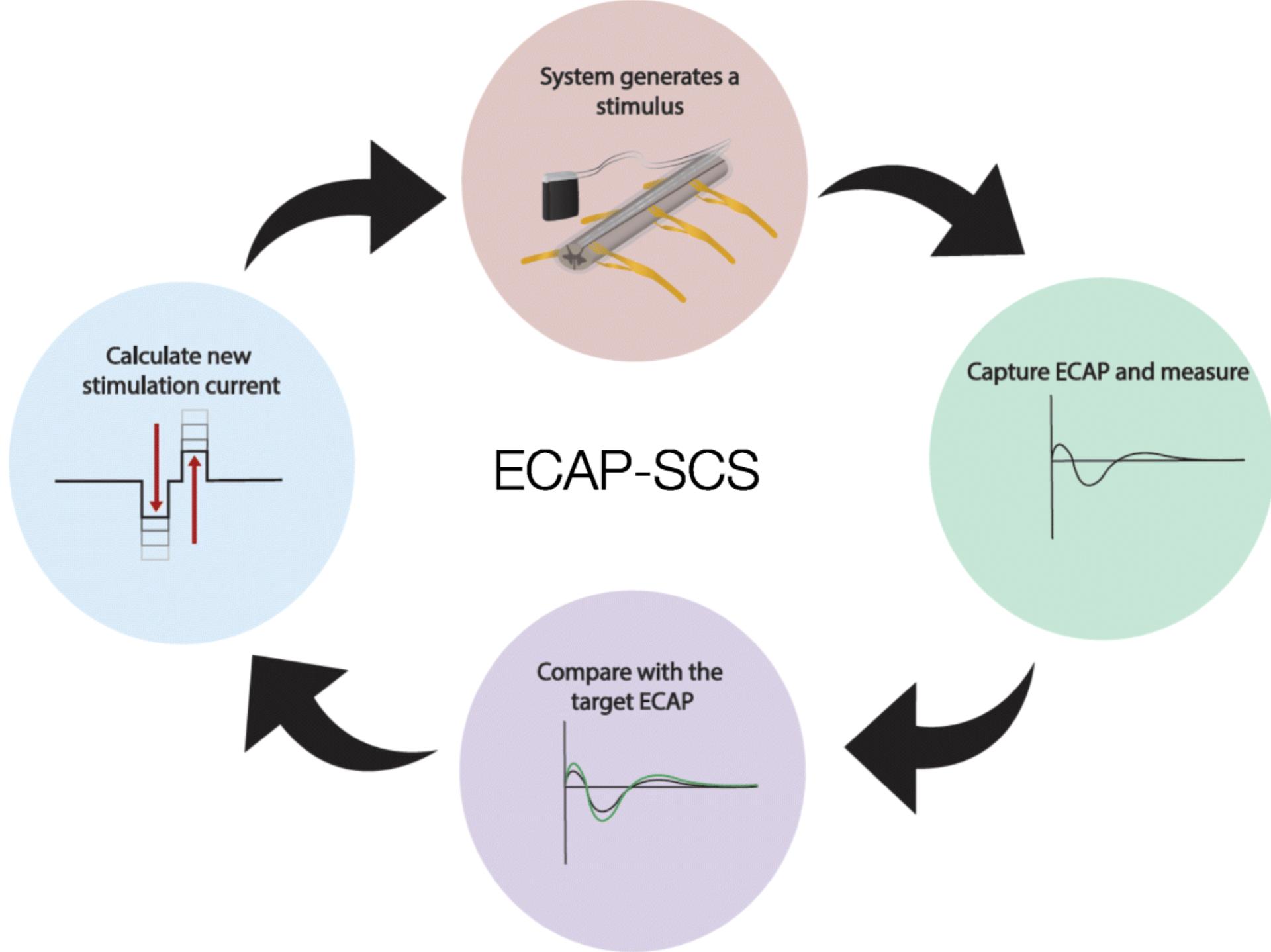
CSF

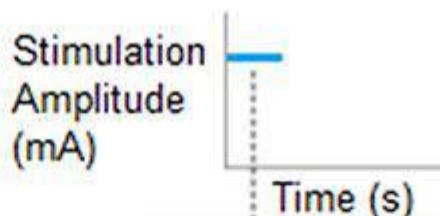
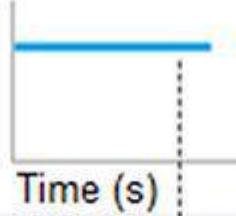
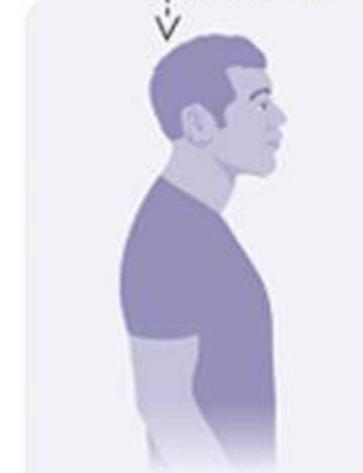
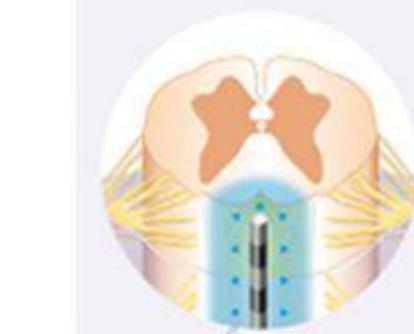


## Measuring the ECAP in the Dorsal Column

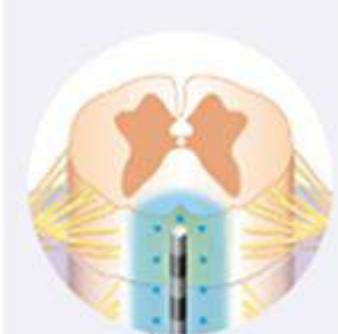
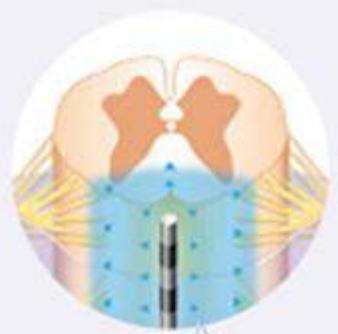




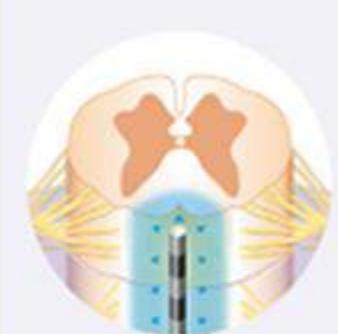


**A****B**

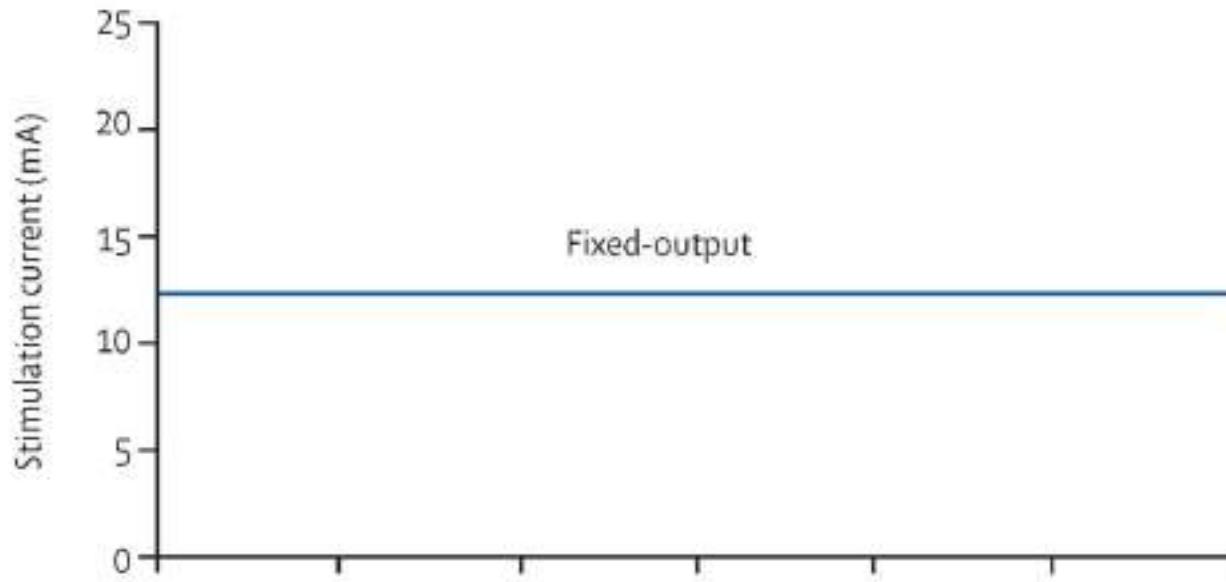
500  $\mu$ s  
100  $\mu$ V



500  $\mu$ s  
100  $\mu$ V

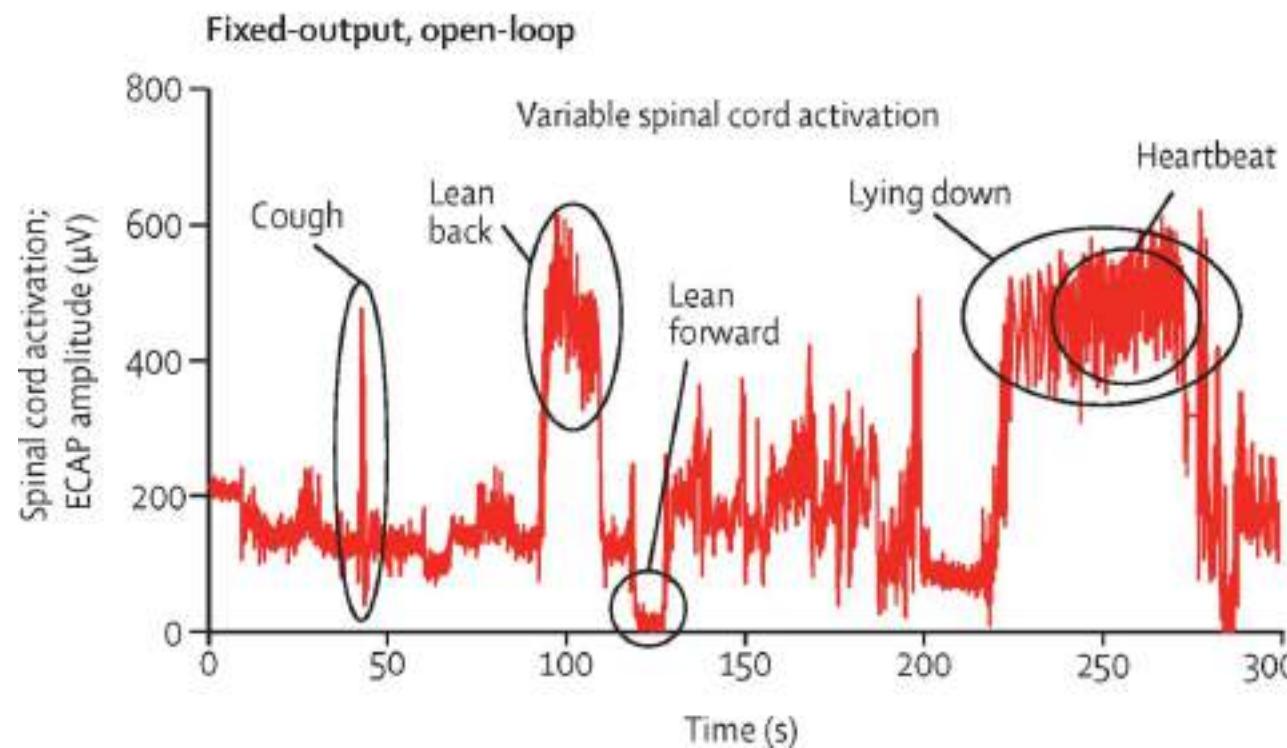
**Open Loop SCS****Closed Loop SCS**

Fixed-output, open-loop



Fixed-output

Fixed-output, open-loop



Variable spinal cord activation

Cough

Lean  
back

Lean  
forward

Lying down

Heartbeat

Time (s)

## Advances in Spinal Cord Stimulation

### Neurorestorative Devices

Functional electrical stimulation (FES) to improve function after spinal cord injury

### Waveforms

Novel waveforms introducing new mechanisms of action

### Artificial Skins

Advancements in polymer and circuit technology towards the development of wearable electrodes

### Closed Loop Systems

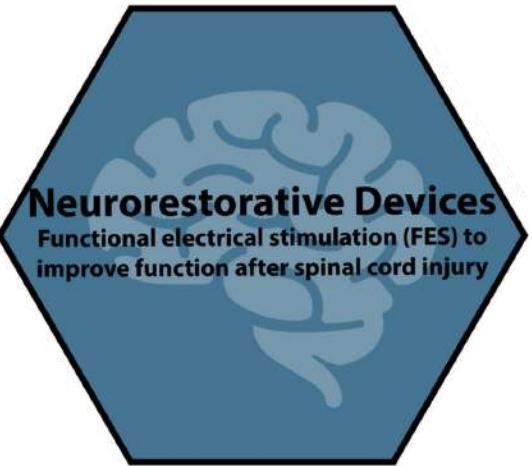
Integration of evoked compound actional potentials (ECAP) to effectively modulation neurostimulation

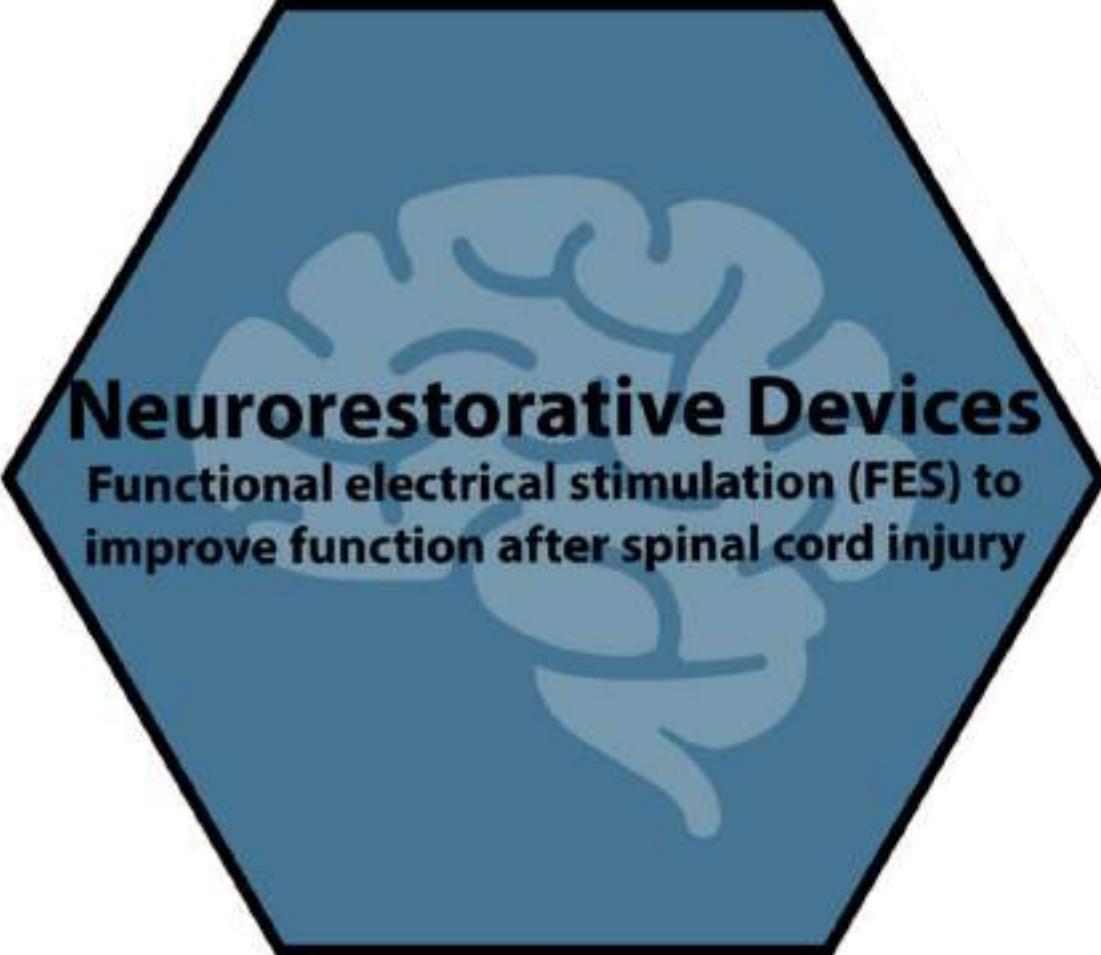
### Implantable Electrodes

Advancements in material science leading to safe and inert implanted electrodes

### Injectable Electrodes

Development of novel injectable electrodes to reach more anatomical targets





## **Neurorestorative Devices**

**Functional electrical stimulation (FES) to  
improve function after spinal cord injury**

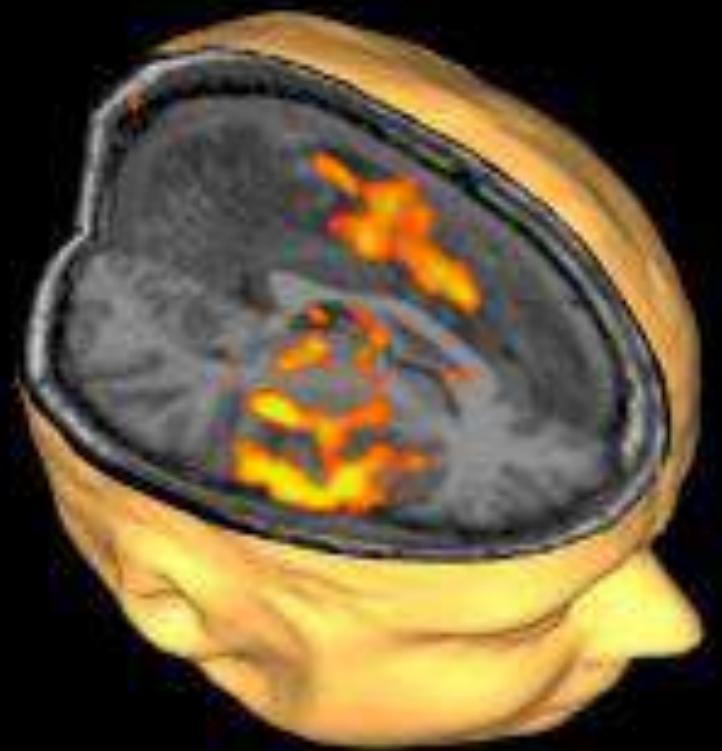
# Multifidus fat infiltration



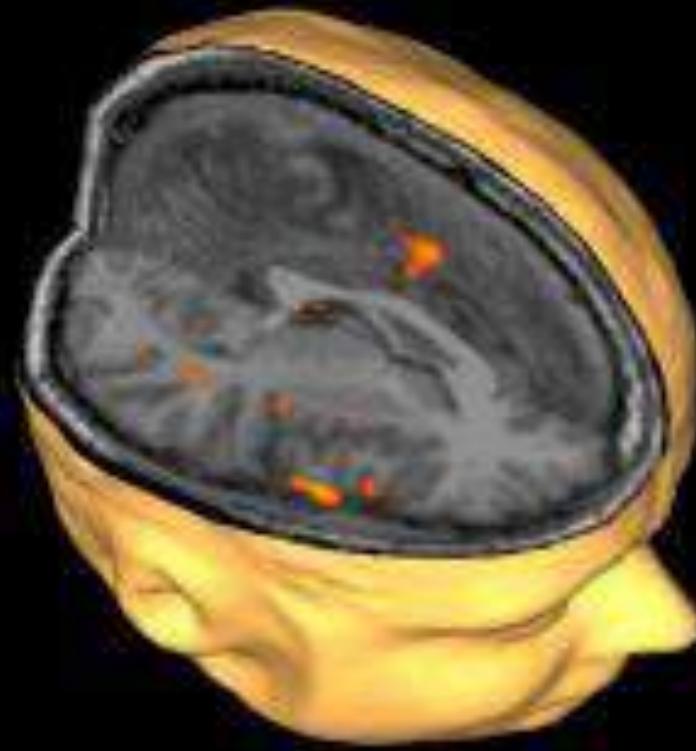


# Virtual reality

## Pain-related brain activity

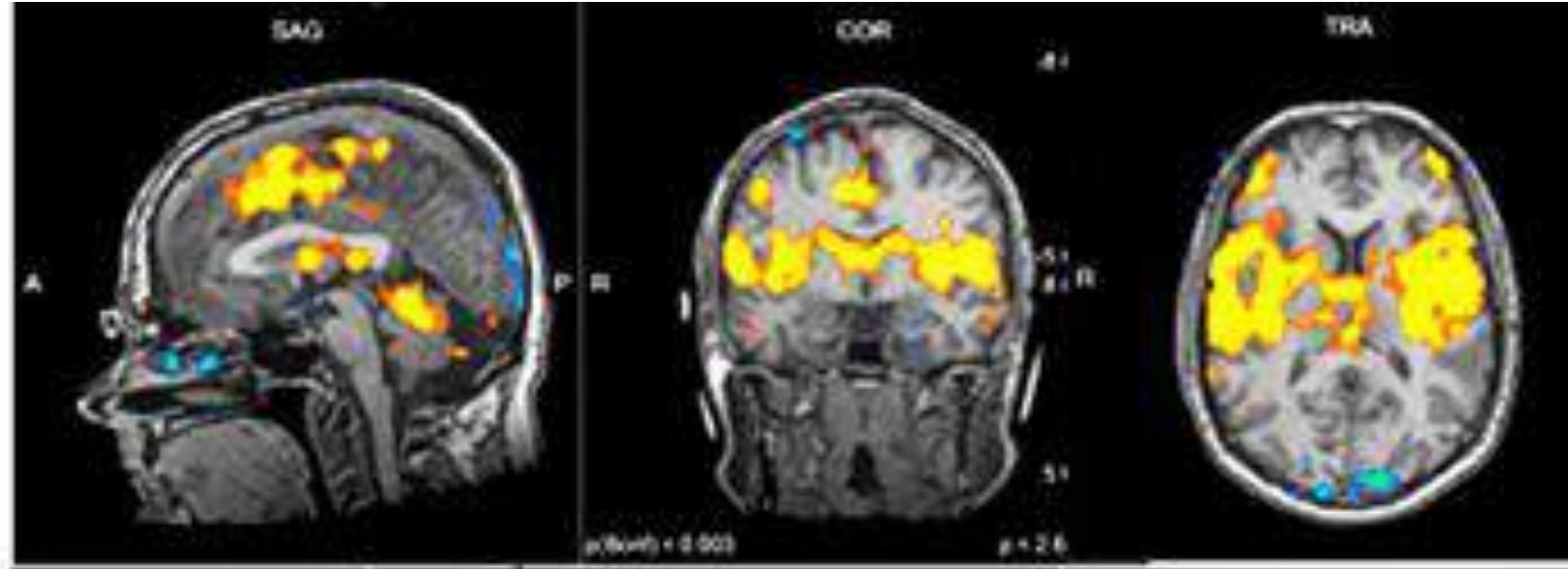


no VR

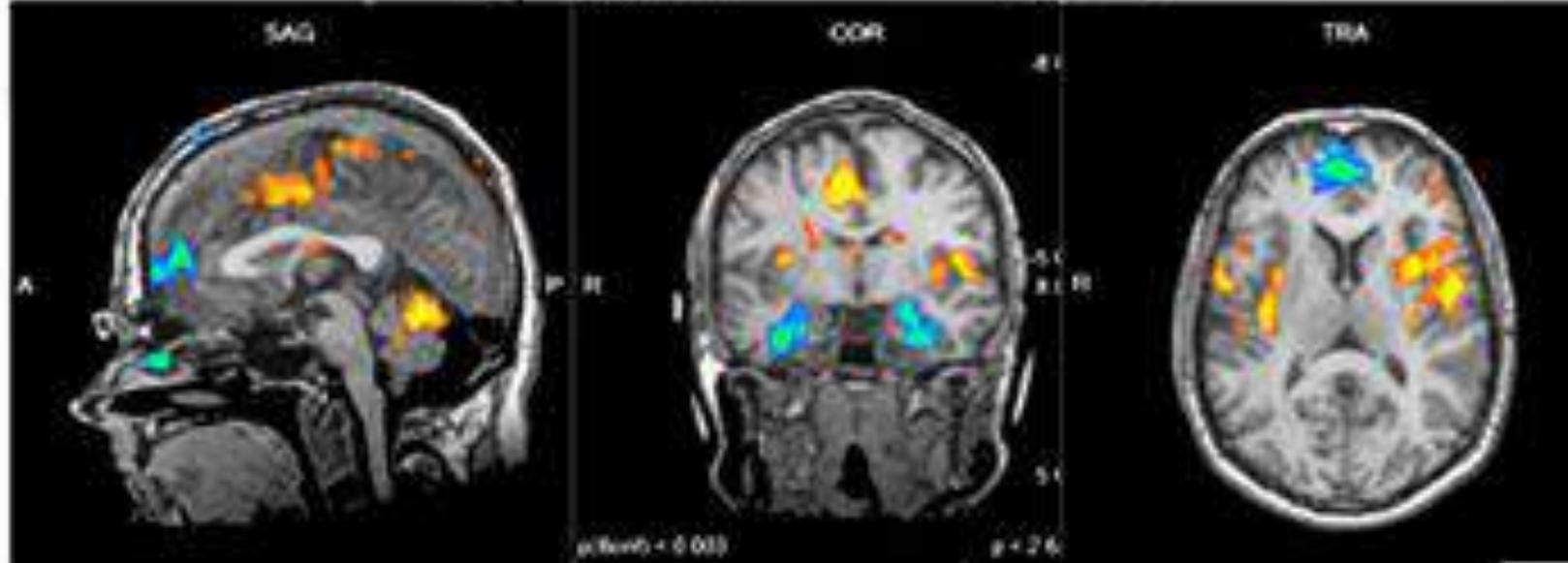


VR

No  
VR



Yes  
VR



# Virtual Reality and Brain Activity

## Less active areas

- Insula (Less Sensory Pain)
- Thalamus (Fewer Pain Signals)
- Anterior Cingulate Cortex (Less Emotional Pain)

## More active Areas

- ✓ Perigenual Anterior Cingulate Cortex (positive coping and resilience)
- ✓ Frontal Cortex (Cognitive Processing)



*grazie*