



The European Society  
of Regional Anaesthesia  
& Pain Therapy  
**ESRA ITALIA**

**ESRA** ITALIAN CHAPTER

**13-15 NOV 2025**

# 30° NATIONAL MEETING

Secure & protect  
protocol

REGIONAL  
ANAESTHESIA:  
LET'S OPEN  
THE BORDERS

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Editorial

JVA The Journal of  
Vascular Access

**The SIP protocol update: Eight strategies, incorporating Rapid Peripheral Vein Assessment (RaPeVA), to minimize complications associated with peripherally inserted central catheter insertion**

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1-9  
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Fabrizio Brescia<sup>1</sup>, Mauro Pittiruti<sup>2</sup>,  
Timothy R Spencer<sup>3</sup> and Robert B Dawson<sup>4</sup>

**Table 1.** The eight steps of the SIP Protocol.

Step 1	<i>Pre-procedural evaluation</i> —choose most appropriate vein by systematic ultrasound examination of the veins of the arms (see the RaPeVA protocol)
Step 2	<i>Appropriate antiseptic technique</i> —adopt a strict policy of hand hygiene, skin antiseptics with 2% chlorhexidine in 70% isopropyl alcohol, and use of maximal barrier precautions
Step 3	<i>Choice of vein size and exit site</i> —evaluate the diameter of the vein so to have an ideal catheter-vein ratio (1:3 or less); place the exit site in the green zone (see Dawson's ZIM™); consider the opportunity of tunneling the catheter, if the most appropriate vein is in the yellow zone (see the RAVESTO protocol)
Step 4	<i>Clear identification of median nerve and brachial artery</i> —identify each structure before venipuncture, using ultrasound
Step 5	<i>Ultrasound-guided venipuncture</i> —access a deep vein of the arm (either basilic or brachial vein), preferably adopting the short axis/out-of-plane approach, and use of a micro-introducer kit
Step 6	<i>Ultrasound-based tip navigation</i> —assess the correct direction of the guidewire, by a supra-clavicular ultrasound scan (see the ECHOTIP protocol)
Step 7	<i>Intra-procedural assessment of tip location</i> —use intracavitary ECG and/or ultrasound (subcostal or apical view, using the “bubble test”: see the ECHOTIP protocol)
Step 8	<u><i>Appropriate securement of the catheter and protection of the exit site</i></u> —use sutureless devices only; reduce the risk of bleeding and bacterial contamination using cyanoacrylate glue and semi-permeable transparent membrane dressings

# Hands hygiene with hydro-alcoholic gel



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# 2% clorhexidine in Alcohol

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## SHEA/IDSA/APIC Practice Recommendation

### Strategies to prevent central line-associated bloodstream infections in acute-care hospitals: 2022 Update

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Mark E. Rupp MD<sup>14</sup> , Joshua Wolf MBBS, PhD, FRACP<sup>15,16</sup> , Deborah Yokoe MD, MPH<sup>17</sup> and  
Leonard A. Mermel DO, ScM<sup>18,19</sup> 

## Essential practice:

Use an alcoholic chlorhexidine antiseptic for skin preparation

(*Quality of Evidence: HIGH*)



# 2% cHlorhexidine in Alcohol

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## **Current recommendations:**

Prefer 2% chlorhexidine in 70% IPA

Prefer one-dose disposable dispenser with known amount of antiseptic



# Stabilize the catheter and protect the exit site (*SECURE & PROTECT*)

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- **Prevent dislocation with SUTURLESS DEVICES**

- Do not use stitches: they increase the risk of infection and are less effective than suturless devices
- Use Subcutaneous Anchoring Systems (SAS) in patients with high risk of catheter dislocation (i.e. proning, delirium)

- **Use CYANOACRYLATE GLUE**

- Stabilization, antibacterial, hemostatic properties

- **Use semipermeable transparent dressings**

- Non usare punti di sutura: aumentano il rischio di infezioni e sono meno efficaci dei dispositivi suturless

Usare sistemi di ancoraggio sottocutaneo in pazienti ad alto rischio di dislocazione

- Utilizzo di colla in cianoacrilato

- Utilizzo di medicazioni semipermeabili trasparenti



## Adhesive Securement Device - ASD

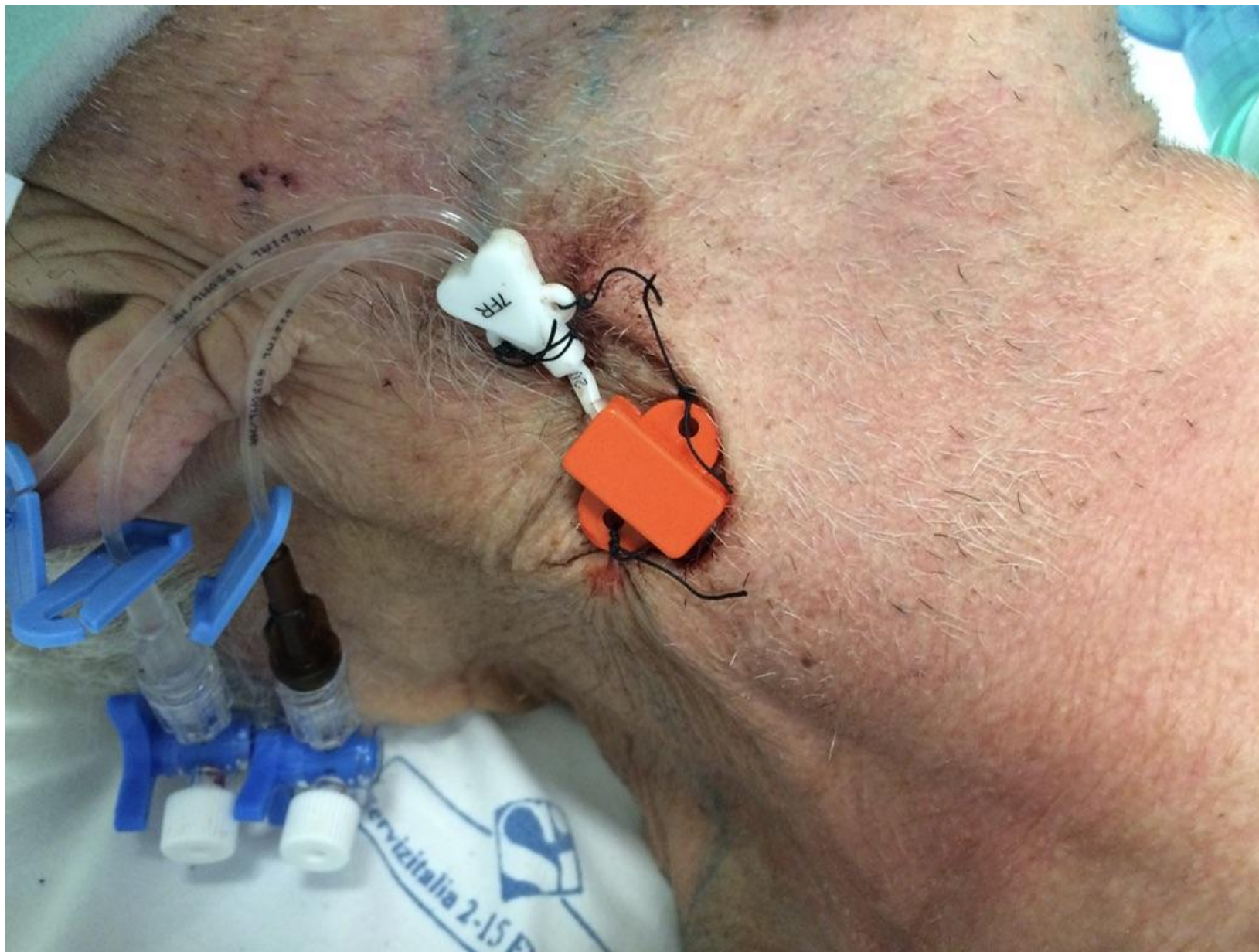
- High infection risk
- High risk of displacement
- Personnel safety concerns

- Elevato rischio infettivo
- Elevato rischio di dislocazione
- Problema di sicurezza del personale











PLEASE, **AVOID SUTURES!**



# Integrated Securement Device - ISD





# Stabilization systems

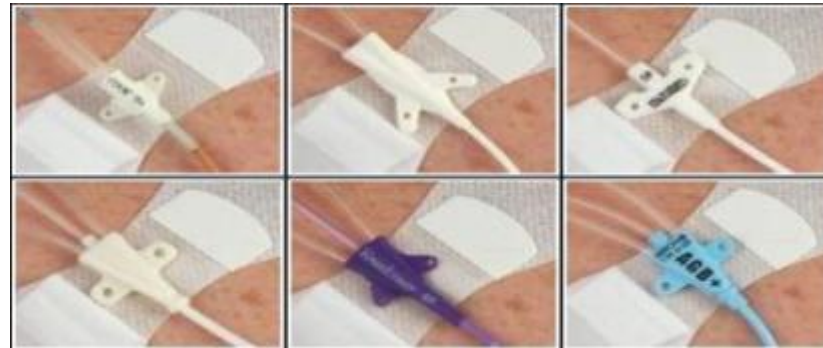
## Adhesive Securement Device - ASD

- Weekly change of the fixation system
- Mobilization of the device due to reduced adhesion
- Strong adhesives may require the use of specific solvents to remove residue
- Piston-like in-and-out movement
- Risk of partial dislocation during dressing and AESD changes
- Local skin irritation during changes, repositioning in a different area

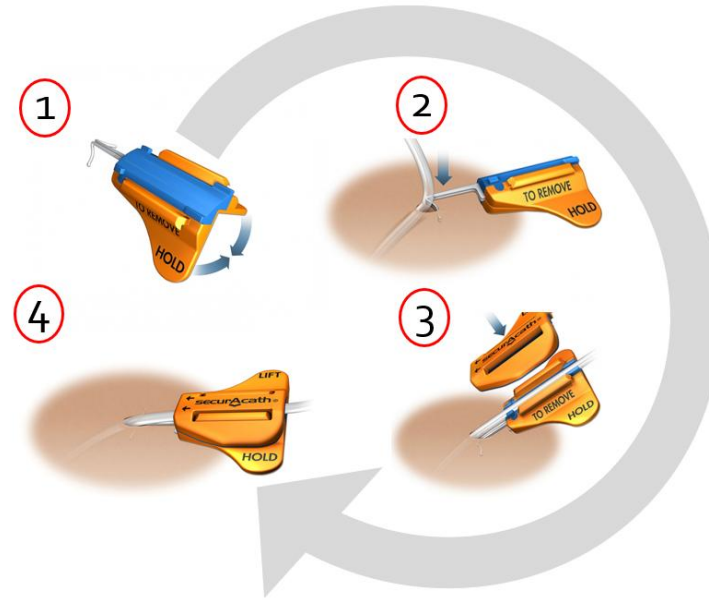


- Cambio settimanale della sistema di fissaggio
- Mobilizzazione del dispositivo da ridotta di adesività
- Adesivi forti possono richiede l'uso di solventi specifici per la rimozione dei residui
- Movimento «a pistone» in and out
- Durante il cambio della medicazione e del AESD rischio di dislocazione parziale
- Irritazione cutanea locale durante i cambi, riposizionamento in una zona differente

## Adhesive Securement Device - ASD



# Subcutaneous anchor securement system (SASS)







## Subcutaneous anchor securement system (SASS)

### Vantaggi

- does not require periodic replacements
- piston movement in and out reset
- anchoring not influenced by the characteristics of the skin
- safer and more effective 360° medication

1

Non necessita di sostituzioni periodiche

2

Movimento «a pistone» in and out azzerato

3

Ancoraggio non influenzato dalle caratteristiche della cute

4

Medicazione più sicura, più efficace... 360°

## Ten years of clinical experience with cyanoacrylate glue for venous access in a 1300-bed university hospital

Mauro Pittiruti , Maria Giuseppina Annetta, Bruno Marche, Vito D'Andrea, Giancarlo Scoppettuolo

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### SAS & colla

- Stabilization
- Hemostasis
- Antimicrobial barrier

- Stabilizzazione
- Emostasi
- Barriera antimicrobica

# Cyanoacrylate glue

## Property

**Attività antibatterica** – mancanza di acqua necessaria per la replicazione batterica

Antibacterial activity – lack of water necessary for bacterial replication

Contents lists available at ScienceDirect

 American Journal of Infection Control 

journal homepage: [www.ajicjournal.org](http://www.ajicjournal.org)

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Antibacterial effect and proposed mechanism of action of a topical surgical adhesive

Daniel Prince PhD \*, Zankhna Solanki MS, Remy Varughese BS, Jozef Mastej BS, Derek Prince MS

### CONCLUSIONS

In addition to being a surgical adhesive used to close approximated wounds, 2-octyl cyanoacrylate rapidly kills bacteria known to cause nosocomial infection. The antibacterial effect is explained by the fact that by diffusion cells lose water essential for life.



# Membrane trasparenti Dressing

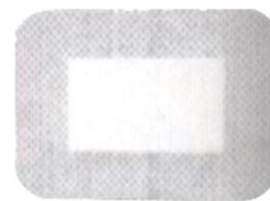


RACCOMANDAZIONI GAVeCeLT 2021  
PER LA INDICAZIONE, L'IMPIANTO E LA GESTIONE  
DEI DISPOSITIVI PER ACCESSO VENOSO  
a cura di Mauro Pittiruti e Giancarlo Scoppettuolo

Il sito di emergenza di un catetere venoso deve essere coperto e protetto con una medicazione semipermeabile trasparente, preferibilmente ad alta traspirabilità (alto MVTR)



Medicazioni semipermeabili  
trasparenti



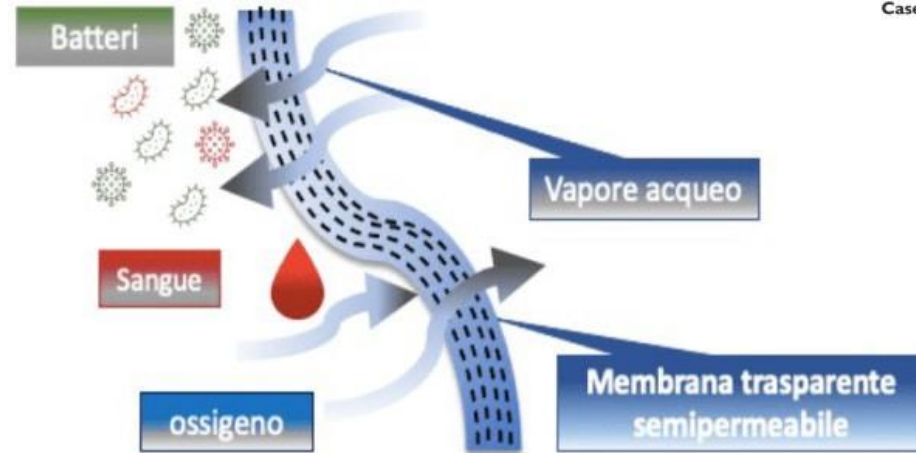
Medicazioni assorbenti  
garzate

- Insertion site protection
- Antimicrobial barrier
- Prevention of skin damage
- Device protection

- protezione il sito d'inserzione
- barriera antimicrobica
- prevenzione danni cutanei
- protezione del dispositivo

# TRASPARENT DRESSING

## MOISTURE VAPOR TRASMISSION RATE



Il valore che esprime il tasso di traspirabilità al vapore acqueo è detto MVTR (Moisture Vapor Trasmission Rate) e si misura in  $\text{g}/\text{m}^2/\text{die}$

- Greater breathability
- Less humidity
- Reduced risk of infection

MVTR elevato

- Maggiore traspirabilità
- Minore umidità
- Minore rischio infettivo

Original research article

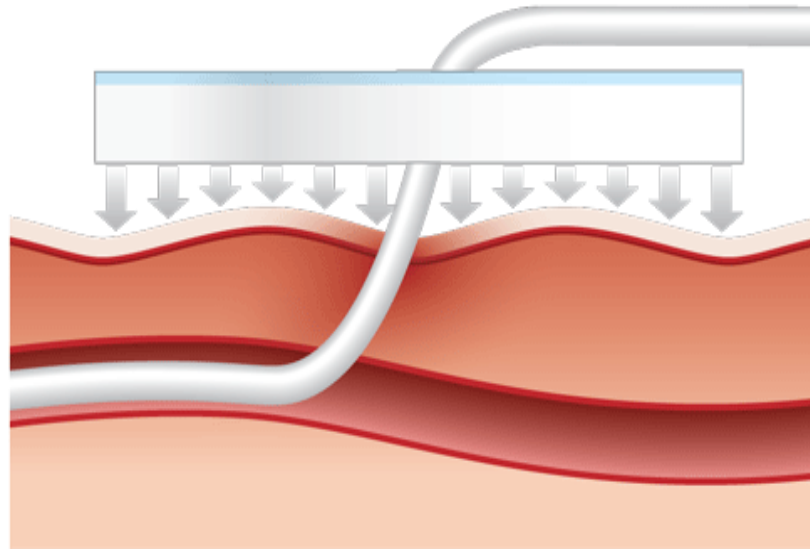
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Comparing test methods for moisture-  
vapor transmission rate (MVTR) for  
vascular access transparent  
semipermeable dressings

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Casey Blaser<sup>3</sup> and Guido Hitschmann<sup>1</sup>

# Protectiv disk with CHG



Continuous release of CHG provides 360° protection for 7 days — for ongoing antisepsis between dressing changes





Grazie!

